1  
00:00:00,300 --> 00:00:00,540  
好  
  
2  
00:00:00,700 --> 00:00:04,370  
各位老师同仁，各位同学们  
  
3  
00:00:05,330 --> 00:00:07,730  
咱们接着聊咱们的金匮要略啊  
  
4  
00:00:07,850 --> 00:00:09,730  
进入咱们后面课程的内容  
  
5  
00:00:10,550 --> 00:00:10,750  
呃  
  
6  
00:00:10,830 --> 00:00:14,350  
经过上两次课的学习交流啊  
  
7  
00:00:14,430 --> 00:00:20,420  
那么咱们已经把金匮要略上卷整个的结束了  
  
8  
00:00:21,220 --> 00:00:23,060  
那么咱们知道金匮要略呢  
  
9  
00:00:23,060 --> 00:00:24,620  
实际上它分上中下三卷  
  
10  
00:00:25,890 --> 00:00:30,410  
那么上卷呢，就是截止到我们上次啊  
  
11  
00:00:31,130 --> 00:00:34,470  
呃，所谓腹满寒疝这一部分  
  
12  
00:00:35,710 --> 00:00:40,450  
那么从今天开始，我们讲一个新的内容啊  
  
13  
00:00:40,530 --> 00:00:43,410  
五脏风寒积聚病脉证  
  
14  
00:00:44,210 --> 00:00:46,370  
并治第11  
  
15  
00:00:48,380 --> 00:00:50,380  
这是一个新内容啊  
  
16  
00:00:50,500 --> 00:00:54,780  
一个新内容，五脏风寒积聚病脉证第11  
  
17  
00:00:56,810 --> 00:01:01,050  
那么我们先看一下他这个题目啊  
  
18  
00:01:01,050 --> 00:01:02,050  
我觉得这个呢  
  
19  
00:01:02,050 --> 00:01:06,810  
要稍稍的给大家加一个解释啊  
  
20  
00:01:07,050 --> 00:01:08,770  
咱们稍稍的解释一下  
  
21  
00:01:28,300 --> 00:01:33,060  
五脏风寒，积聚这是三个词没错吧  
  
22  
00:01:34,060 --> 00:01:34,260  
呃  
  
23  
00:01:34,340 --> 00:01:36,500  
为什么要稍稍解释一下呢  
  
24  
00:01:36,580 --> 00:01:39,220  
其实按惯例来说  
  
25  
00:01:39,220 --> 00:01:42,060  
我们一般对金贵的学习  
  
26  
00:01:42,660 --> 00:01:45,100  
那么讲到这个五脏风寒积聚，这  
  
27  
00:01:45,540 --> 00:01:45,820  
呃  
  
28  
00:01:46,730 --> 00:01:47,810  
有很多同仁啊  
  
29  
00:01:48,050 --> 00:01:52,560  
那么会不不免地产生一种错觉啊  
  
30  
00:01:52,560 --> 00:01:54,520  
觉得这个五脏还寒积聚里面呢  
  
31  
00:01:55,000 --> 00:01:58,080  
那么论述是比较多的，方特别少啊  
  
32  
00:01:58,080 --> 00:02:00,400  
在这一篇是一个非常特别的篇目  
  
33  
00:02:00,900 --> 00:02:02,220  
呃，为什么这么讲呢  
  
34  
00:02:02,300 --> 00:02:03,860  
它里头，呃  
  
35  
00:02:03,940 --> 00:02:05,580  
论述内容并不少  
  
36  
00:02:06,100 --> 00:02:08,500  
那么涉及到肝心脾肺、肾五脏  
  
37  
00:02:09,300 --> 00:02:11,660  
但是啊，他这里的方就不多  
  
38  
00:02:11,940 --> 00:02:14,540  
一共三张方，哪三张呢  
  
39  
00:02:15,100 --> 00:02:18,410  
所谓悬浮花汤啊  
  
40  
00:02:19,090 --> 00:02:25,610  
那么包括呃麻子仁丸以及一张肾浊汤啊  
  
41  
00:02:25,610 --> 00:02:27,970  
那么肾浊是我们俗称，对吧  
  
42  
00:02:28,450 --> 00:02:31,400  
实际上在原文那么，呃  
  
43  
00:02:31,640 --> 00:02:34,200  
甘草、干姜、茯苓白术汤  
  
44  
00:02:35,380 --> 00:02:37,740  
所以掐头去尾，咱们讲  
  
45  
00:02:39,020 --> 00:02:42,660  
麻子仁丸在伤寒论中早就出现了  
  
46  
00:02:42,940 --> 00:02:45,940  
那么这个呢，可以视为一个重复的眼纹啊  
  
47  
00:02:45,940 --> 00:02:47,820  
或者是是条文重复  
  
48  
00:02:48,440 --> 00:02:48,640  
呃  
  
49  
00:02:48,920 --> 00:02:51,840  
那么单独是金匮之中有特点的  
  
50  
00:02:51,840 --> 00:02:52,800  
实际上就两张方  
  
51  
00:02:53,200 --> 00:02:54,800  
一个悬浮花汤，一个肾浊  
  
52  
00:02:55,390 --> 00:02:58,190  
因此有很多呃同仁呢  
  
53  
00:02:58,190 --> 00:03:00,670  
那么在看这个篇目的时候啊  
  
54  
00:03:01,030 --> 00:03:01,870  
那么难免呢  
  
55  
00:03:01,870 --> 00:03:03,880  
我们就会有一个疑问啊  
  
56  
00:03:03,880 --> 00:03:08,520  
觉得这里头可能实质内容它并不是很多啊  
  
57  
00:03:09,200 --> 00:03:09,400  
呃  
  
58  
00:03:09,520 --> 00:03:10,160  
因此呢  
  
59  
00:03:11,200 --> 00:03:12,480  
没有足够的重视  
  
60  
00:03:13,400 --> 00:03:13,600  
呃  
  
61  
00:03:13,640 --> 00:03:16,360  
但是我们从这做学问的角度啊  
  
62  
00:03:16,400 --> 00:03:18,520  
咱们把这个从头到尾细捋一捋  
  
63  
00:03:18,600 --> 00:03:23,360  
你就会发现，实际上这个五脏风寒积聚这一篇啊  
  
64  
00:03:23,480 --> 00:03:26,120  
它的内容还是很丰富的  
  
65  
00:03:26,480 --> 00:03:29,320  
那么为什么它里头只有三张方  
  
66  
00:03:30,460 --> 00:03:32,140  
那么有一种可能啊  
  
67  
00:03:32,580 --> 00:03:36,680  
根据当年林毅、孙琦、高宝恒等啊  
  
68  
00:03:36,720 --> 00:03:44,060  
那么校正艺术根据他们的这个之前的这个经验啊  
  
69  
00:03:44,540 --> 00:03:47,780  
那么他们认为这里头可能出现了一个什么问题呢  
  
70  
00:03:47,780 --> 00:03:50,650  
也就是古代的这个所谓的呃错检  
  
71  
00:03:51,410 --> 00:03:55,130  
包括有出现了这个缺文啊  
  
72  
00:03:55,130 --> 00:03:56,050  
为什么这么说  
  
73  
00:03:57,280 --> 00:03:58,440  
因为咱们都知道啊  
  
74  
00:03:58,440 --> 00:04:00,600  
一开始咱们讲绪论的时候就说过  
  
75  
00:04:01,040 --> 00:04:03,080  
金匮要略这本书实际上没有  
  
76  
00:04:03,160 --> 00:04:04,890  
是不是那最早呢  
  
77  
00:04:04,890 --> 00:04:08,090  
仲景老先师写的书叫伤寒杂病论  
  
78  
00:04:08,170 --> 00:04:09,090  
一共16卷  
  
79  
00:04:09,530 --> 00:04:10,850  
其中序言是一卷  
  
80  
00:04:11,330 --> 00:04:12,250  
那么后面呢  
  
81  
00:04:12,710 --> 00:04:15,830  
那么它实际上不分伤寒和杂病  
  
82  
00:04:16,470 --> 00:04:19,620  
但是到魏晋的时候啊  
  
83  
00:04:19,660 --> 00:04:21,180  
我们知道，呃  
  
84  
00:04:22,450 --> 00:04:22,970  
本身呢  
  
85  
00:04:23,050 --> 00:04:26,660  
他经历了王叔和的重新的呃编修  
  
86  
00:04:27,260 --> 00:04:30,220  
那么在书和宫以后到了呃  
  
87  
00:04:30,220 --> 00:04:32,140  
我那会儿给大家讲过啊  
  
88  
00:04:32,620 --> 00:04:35,880  
这这个所谓的呃  
  
89  
00:04:37,050 --> 00:04:39,410  
梁代阮孝绪，荆棘制啊  
  
90  
00:04:39,450 --> 00:04:40,370  
当时他里头呢  
  
91  
00:04:40,810 --> 00:04:43,420  
呃就说过这个问题啊  
  
92  
00:04:43,860 --> 00:04:45,940  
辨伤寒和杂病方它就分开  
  
93  
00:04:46,340 --> 00:04:48,700  
所以这一个漫长的传承过程本身啊  
  
94  
00:04:48,980 --> 00:04:51,660  
他有很多东西，就是很难保存到今天  
  
95  
00:04:51,660 --> 00:04:52,740  
这是很正常的啊  
  
96  
00:04:53,420 --> 00:04:53,700  
呃  
  
97  
00:04:54,670 --> 00:04:56,230  
因此呢到后来  
  
98  
00:04:57,190 --> 00:05:01,830  
北宋大学士王朱在东京汴梁开封府的馆阁之中  
  
99  
00:05:01,910 --> 00:05:05,810  
发现了所谓的这这部书，啊  
  
100  
00:05:06,330 --> 00:05:06,610  
呃  
  
101  
00:05:08,670 --> 00:05:10,590  
之后那把它分出金匮要略  
  
102  
00:05:11,030 --> 00:05:13,950  
那么实际上这里头可能就已经缺了很多零件了啊  
  
103  
00:05:14,030 --> 00:05:17,150  
咱们说到底有没有丢方，这个谁也不知道  
  
104  
00:05:17,420 --> 00:05:20,860  
而且呢，它其中有一个非常有意思的事  
  
105  
00:05:21,520 --> 00:05:21,720  
呃  
  
106  
00:05:21,920 --> 00:05:24,810  
你看肺辛啊  
  
107  
00:05:24,810 --> 00:05:26,450  
包括肝啊  
  
108  
00:05:27,250 --> 00:05:30,290  
肺肝心，它都能分出风寒  
  
109  
00:05:31,190 --> 00:05:33,190  
但到脾肾的时候啊  
  
110  
00:05:33,270 --> 00:05:34,550  
他这个风寒就不分了  
  
111  
00:05:34,910 --> 00:05:37,030  
因此古人认为它是否是有眼纹呢  
  
112  
00:05:37,310 --> 00:05:38,830  
也产生了很多争议  
  
113  
00:05:39,230 --> 00:05:39,950  
那么在这呢  
  
114  
00:05:39,950 --> 00:05:41,870  
我就把这个东西从头到尾  
  
115  
00:05:42,190 --> 00:05:44,510  
那么根据我个人的认知  
  
116  
00:05:44,590 --> 00:05:46,750  
那么给大伙呢，我们捋一捋啊  
  
117  
00:05:46,750 --> 00:05:50,470  
把这些东西咱们理出个头绪来  
  
118  
00:05:51,890 --> 00:05:52,090  
呃  
  
119  
00:05:52,170 --> 00:05:55,290  
首先看一下市民五脏风寒积聚  
  
120  
00:05:55,290 --> 00:05:56,450  
那么还是这句话  
  
121  
00:05:56,490 --> 00:05:57,450  
它是三个词  
  
122  
00:05:58,590 --> 00:06:00,830  
那么这里头没提六腑啥事是不是啊  
  
123  
00:06:01,710 --> 00:06:04,750  
那么大家就知道五脏啊是什么意思呢  
  
124  
00:06:05,940 --> 00:06:08,260  
藏也在  
  
125  
00:06:10,130 --> 00:06:11,210  
清以前的时候  
  
126  
00:06:11,530 --> 00:06:12,570  
那么很多医说  
  
127  
00:06:13,450 --> 00:06:16,770  
绝大多数的这个这个写法有两种啊  
  
128  
00:06:17,350 --> 00:06:18,070  
第一种呢  
  
129  
00:06:18,670 --> 00:06:19,590  
那么这个藏啊  
  
130  
00:06:19,750 --> 00:06:23,550  
实际上就是跟我们说西藏的藏是是一个没错吧  
  
131  
00:06:24,390 --> 00:06:25,430  
旁边有1月肉  
  
132  
00:06:26,420 --> 00:06:31,020  
但是你还会发现在很多唐以前的遗嘱里头  
  
133  
00:06:31,580 --> 00:06:32,420  
这个藏呢  
  
134  
00:06:33,270 --> 00:06:35,550  
那么它是不带月肉的  
  
135  
00:06:35,550 --> 00:06:36,670  
那么到底哪个对啊  
  
136  
00:06:36,710 --> 00:06:38,070  
那包括腹没错吧  
  
137  
00:06:38,470 --> 00:06:40,830  
有五脏就有六腑那么腑呢  
  
138  
00:06:41,210 --> 00:06:43,970  
很多唐以前的医注里头也没有月肉  
  
139  
00:06:44,590 --> 00:06:45,750  
那么唐以后的就有  
  
140  
00:06:45,830 --> 00:06:49,070  
其实这个我个人的呃理解  
  
141  
00:06:49,350 --> 00:06:52,670  
包括对很多古经典啊  
  
142  
00:06:52,710 --> 00:06:54,630  
咱们咱们这个学习和解读  
  
143  
00:06:55,120 --> 00:06:56,680  
呃还是有所区别的  
  
144  
00:06:57,000 --> 00:07:00,880  
那么没有月肉的这个脏的含义更大  
  
145  
00:07:01,880 --> 00:07:03,400  
它包括了五脏的行  
  
146  
00:07:04,040 --> 00:07:08,440  
五脏的经络，以及五脏的五脏神啊  
  
147  
00:07:08,440 --> 00:07:09,400  
这个我一说呢  
  
148  
00:07:09,400 --> 00:07:10,480  
可能呃  
  
149  
00:07:10,760 --> 00:07:14,720  
很多同学同仁冷不丁一听有点陌生  
  
150  
00:07:15,030 --> 00:07:16,630  
其实五脏是有神的  
  
151  
00:07:16,910 --> 00:07:17,430  
这个呢  
  
152  
00:07:17,430 --> 00:07:19,750  
但是我不想在上课的时候说啊  
  
153  
00:07:19,790 --> 00:07:22,500  
因为我们诊室的同学平时跟诊  
  
154  
00:07:22,740 --> 00:07:25,740  
那你可能看我用的会多一点  
  
155  
00:07:26,060 --> 00:07:26,940  
有些东西吧  
  
156  
00:07:27,060 --> 00:07:28,740  
适合说可以讲  
  
157  
00:07:29,170 --> 00:07:31,490  
有些东西不适合说，没法讲  
  
158  
00:07:31,770 --> 00:07:33,370  
除非你现场看见啊  
  
159  
00:07:33,410 --> 00:07:34,810  
那这个是很生动的  
  
160  
00:07:35,130 --> 00:07:37,490  
那么所谓肝有神对吧  
  
161  
00:07:37,610 --> 00:07:40,430  
肝之神名，龙焉字寒名啊  
  
162  
00:07:40,630 --> 00:07:43,630  
痞神常在字魂停啊  
  
163  
00:07:43,670 --> 00:07:45,910  
那么它都有有名有字的啊  
  
164  
00:07:45,910 --> 00:07:48,840  
而且有各自的公用啊  
  
165  
00:07:48,840 --> 00:07:50,160  
这个那么大  
  
166  
00:07:50,160 --> 00:07:51,600  
但是这东西为啥没法讲  
  
167  
00:07:52,000 --> 00:07:54,600  
凡是看不见摸不着，就是换句话说  
  
168  
00:07:54,600 --> 00:07:55,800  
你自己平时看不着的  
  
169  
00:07:55,800 --> 00:07:56,920  
我就不给你讲了啊  
  
170  
00:07:57,160 --> 00:07:58,960  
因为这讲了之后很麻烦啊  
  
171  
00:07:59,040 --> 00:08:02,300  
有很多事他就没有必要，呃  
  
172  
00:08:03,180 --> 00:08:04,900  
除非你你你是在诊室  
  
173  
00:08:04,900 --> 00:08:05,940  
你你能看见  
  
174  
00:08:06,060 --> 00:08:10,100  
那么这个东西它的各有它的生理，也有它的损伤  
  
175  
00:08:11,530 --> 00:08:14,690  
那么这个五脏，首先它这块呢  
  
176  
00:08:15,250 --> 00:08:17,850  
我个人认为啊，它应该是一个比较大的概念  
  
177  
00:08:18,210 --> 00:08:21,450  
那么而且它主要的核心在于什么呢  
  
178  
00:08:21,730 --> 00:08:23,890  
核心功能三个字叫藏精气  
  
179  
00:08:27,020 --> 00:08:27,500  
功能  
  
180  
00:08:33,360 --> 00:08:37,360  
藏精气  
  
181  
00:08:39,200 --> 00:08:41,280  
这个一说啊  
  
182  
00:08:41,320 --> 00:08:43,400  
大伙就就明白了  
  
183  
00:08:44,120 --> 00:08:46,240  
一个是藏，一个叫辅  
  
184  
00:08:47,600 --> 00:08:48,680  
这大伙看清了吧  
  
185  
00:08:49,400 --> 00:08:51,560  
那么府是干什么的地方啊  
  
186  
00:08:52,460 --> 00:08:53,780  
府是干什么地方  
  
187  
00:08:54,420 --> 00:08:59,140  
府啊，其实是办公的地儿啊  
  
188  
00:08:59,260 --> 00:09:01,940  
那我们说这个其实办公的地儿，呃  
  
189  
00:09:02,820 --> 00:09:05,140  
在清以前至少说，啊  
  
190  
00:09:05,140 --> 00:09:05,940  
我们这么讲  
  
191  
00:09:06,500 --> 00:09:06,780  
呃  
  
192  
00:09:07,880 --> 00:09:10,480  
一般来说，那你说咱打个比方  
  
193  
00:09:11,240 --> 00:09:11,520  
呃  
  
194  
00:09:12,530 --> 00:09:16,170  
和珅他们家你到北京玩  
  
195  
00:09:16,710 --> 00:09:19,990  
那么咱们都知道恭王府没错吧  
  
196  
00:09:20,790 --> 00:09:22,910  
但是那个就是后来啊  
  
197  
00:09:22,910 --> 00:09:25,950  
由于是和珅被抄之后，啊  
  
198  
00:09:26,710 --> 00:09:28,870  
恭王搬进来了，没错吧  
  
199  
00:09:29,070 --> 00:09:34,020  
恭亲王，如果和珅祝它就不能叫和府啊  
  
200  
00:09:34,100 --> 00:09:36,340  
你甭说老百姓啊  
  
201  
00:09:36,380 --> 00:09:37,500  
一般的士大夫  
  
202  
00:09:38,430 --> 00:09:39,350  
你就是哪怕呀  
  
203  
00:09:39,830 --> 00:09:41,860  
一些平平常常的，呃  
  
204  
00:09:41,900 --> 00:09:43,420  
也不能叫辅辅  
  
205  
00:09:43,420 --> 00:09:44,300  
这个就是很高  
  
206  
00:09:44,820 --> 00:09:47,660  
一般的话就是王以上的，那才能称府  
  
207  
00:09:48,140 --> 00:09:49,180  
呃，老百姓呢  
  
208  
00:09:49,180 --> 00:09:50,100  
那么顶多叫什么  
  
209  
00:09:50,100 --> 00:09:51,180  
叫地对吧  
  
210  
00:09:51,180 --> 00:09:52,860  
我们讲叫门第门第，对吧  
  
211  
00:09:52,860 --> 00:09:53,580  
叫伏地  
  
212  
00:09:54,150 --> 00:09:57,230  
那么这个腑和脏的区别啊  
  
213  
00:09:57,230 --> 00:09:58,350  
它实际上就是什么呢  
  
214  
00:09:58,350 --> 00:10:00,590  
我简单一点，用现代人都能明白的  
  
215  
00:10:01,650 --> 00:10:03,250  
一说大家就都懂了  
  
216  
00:10:03,730 --> 00:10:05,690  
藏就是咱们自己家  
  
217  
00:10:06,820 --> 00:10:07,340  
辅呢  
  
218  
00:10:07,340 --> 00:10:09,700  
相当于咱们公司或者单位，哎  
  
219  
00:10:09,700 --> 00:10:10,940  
这个这个大伙就明白了吧  
  
220  
00:10:11,220 --> 00:10:13,540  
那么腐是我们有办公职能的地方  
  
221  
00:10:14,130 --> 00:10:15,650  
那你和珅你家能办公吗  
  
222  
00:10:15,650 --> 00:10:17,130  
我就说这道理对吧  
  
223  
00:10:17,250 --> 00:10:19,210  
你只有王你，你再有钱  
  
224  
00:10:19,290 --> 00:10:20,330  
再有权，再有势  
  
225  
00:10:20,610 --> 00:10:23,010  
你家里是不能办公的啊  
  
226  
00:10:23,010 --> 00:10:24,010  
你没有这个职权  
  
227  
00:10:24,050 --> 00:10:25,330  
但是王就不一样了吧  
  
228  
00:10:25,730 --> 00:10:27,290  
虽然我即使我没出京城  
  
229  
00:10:27,650 --> 00:10:29,970  
但是我有这个爵位在这啊，啊  
  
230  
00:10:29,970 --> 00:10:32,730  
我也有这个这个这个官位和职能啊  
  
231  
00:10:32,730 --> 00:10:33,610  
有官阶的啊  
  
232  
00:10:34,190 --> 00:10:37,550  
那么这个这个就就就就是说所以叫脏腑  
  
233  
00:10:37,590 --> 00:10:41,000  
脏腑脏就是自己家辅食办公的地方啊  
  
234  
00:10:41,040 --> 00:10:42,040  
一个就是藏经济  
  
235  
00:10:42,320 --> 00:10:43,560  
那么脏是干什么用啊  
  
236  
00:10:43,910 --> 00:10:45,390  
藏精气辅是干什么啊  
  
237  
00:10:45,390 --> 00:10:48,550  
行使职能，因此就有这么一句非常经典的话  
  
238  
00:10:49,350 --> 00:10:50,750  
那么五脏叫什么呀  
  
239  
00:10:52,130 --> 00:10:53,530  
藏精气而不泄吧  
  
240  
00:10:54,410 --> 00:10:55,210  
故什么  
  
241  
00:10:56,820 --> 00:10:59,900  
满而不能食六腑，那就反之呗  
  
242  
00:11:00,340 --> 00:11:01,740  
传化物而不藏  
  
243  
00:11:01,780 --> 00:11:06,020  
那么六腑本身它就是通泄饮食、水谷糟粕用的啊  
  
244  
00:11:06,380 --> 00:11:08,300  
所以我们说五脏五脏这块  
  
245  
00:11:08,300 --> 00:11:10,660  
首先大家不光要看到啊  
  
246  
00:11:10,700 --> 00:11:11,940  
它是肝心脾肺肾  
  
247  
00:11:12,500 --> 00:11:13,540  
它是五个脏器  
  
248  
00:11:14,010 --> 00:11:15,850  
那么大家还要看到一点  
  
249  
00:11:15,890 --> 00:11:18,410  
也就是它有一个重要的职能，就是什么啊  
  
250  
00:11:19,170 --> 00:11:20,580  
藏精气啊  
  
251  
00:11:20,860 --> 00:11:22,100  
那大家就想这个问题  
  
252  
00:11:22,100 --> 00:11:23,220  
它有一个重要职能  
  
253  
00:11:23,220 --> 00:11:23,700  
藏精气  
  
254  
00:11:24,060 --> 00:11:25,300  
那么它除了藏精气  
  
255  
00:11:25,540 --> 00:11:27,340  
那么精气神啊  
  
256  
00:11:27,340 --> 00:11:30,500  
三个层面，除了有五脏神的层面啊  
  
257  
00:11:30,500 --> 00:11:33,460  
由于这个东西他没没没法，没法弄  
  
258  
00:11:33,900 --> 00:11:35,820  
呃，越无形的东西啊  
  
259  
00:11:36,100 --> 00:11:37,380  
那往往越容易落空  
  
260  
00:11:37,740 --> 00:11:39,420  
所以古人也不讲，古人呢  
  
261  
00:11:39,820 --> 00:11:43,340  
那么越有形的东西越容易容易有  
  
262  
00:11:43,500 --> 00:11:45,540  
有形和无形是两个两个端啊  
  
263  
00:11:45,540 --> 00:11:47,780  
两个极端，无形的东西容易落空  
  
264  
00:11:48,230 --> 00:11:50,590  
有形的东西呢，又容易死  
  
265  
00:11:50,630 --> 00:11:51,230  
这啊  
  
266  
00:11:51,230 --> 00:11:52,790  
大家我不知道你明不明白啊  
  
267  
00:11:52,950 --> 00:11:53,990  
就容易容易拘泥  
  
268  
00:11:54,870 --> 00:11:55,150  
呃  
  
269  
00:11:56,110 --> 00:11:56,870  
为什么这么讲  
  
270  
00:11:56,870 --> 00:11:58,830  
就是什么东西，你把它落到形态上  
  
271  
00:11:59,630 --> 00:12:00,790  
越细越细越细  
  
272  
00:12:00,790 --> 00:12:04,320  
最后细到一定程度，它就它最终啊  
  
273  
00:12:04,640 --> 00:12:06,240  
这个有行动力，他就固化了  
  
274  
00:12:06,240 --> 00:12:06,520  
对吧  
  
275  
00:12:06,800 --> 00:12:11,600  
所以古人知道我们中医研究的是人体，不是尸体啊  
  
276  
00:12:11,600 --> 00:12:13,800  
那么那么这个东西它得是活的呀  
  
277  
00:12:14,080 --> 00:12:16,000  
所以你不能把有形的东西玩到极致  
  
278  
00:12:16,480 --> 00:12:17,760  
但是无形的东西呢  
  
279  
00:12:17,800 --> 00:12:18,680  
它也有个问题  
  
280  
00:12:19,060 --> 00:12:20,860  
就是无形的东西啊  
  
281  
00:12:21,180 --> 00:12:23,140  
由于有的人可能他有体会  
  
282  
00:12:23,140 --> 00:12:24,060  
有的人没体会  
  
283  
00:12:24,460 --> 00:12:25,180  
因此说啊  
  
284  
00:12:25,300 --> 00:12:27,380  
他就没有一个简政标准  
  
285  
00:12:27,990 --> 00:12:29,070  
没有一个参考系  
  
286  
00:12:29,470 --> 00:12:30,310  
咱打一个比方  
  
287  
00:12:30,950 --> 00:12:31,760  
呃呃  
  
288  
00:12:31,920 --> 00:12:35,280  
这个可能我一说有很多人心心里可能不爱听啊  
  
289  
00:12:35,520 --> 00:12:36,760  
但这个是个事实  
  
290  
00:12:37,260 --> 00:12:40,460  
也就是西方的大多数的行业  
  
291  
00:12:41,300 --> 00:12:45,660  
它的行业标准水平高低是比较容易检验的  
  
292  
00:12:46,500 --> 00:12:48,220  
但中国文化咱打个比方  
  
293  
00:12:48,220 --> 00:12:50,220  
诗书画印，包括中国的艺术  
  
294  
00:12:50,220 --> 00:12:51,020  
中国的医学  
  
295  
00:12:51,340 --> 00:12:52,340  
中国很多东西  
  
296  
00:12:53,030 --> 00:12:58,030  
他的大师是不太好和直直接评判和衡量的  
  
297  
00:12:58,030 --> 00:12:58,750  
就换句话说  
  
298  
00:12:58,950 --> 00:13:02,990  
你业内的人，你也可能可能这个不好评判你  
  
299  
00:13:02,990 --> 00:13:04,310  
更何况业外的人啊  
  
300  
00:13:04,790 --> 00:13:08,910  
那么也唯独是只有中国在中国大师这个词  
  
301  
00:13:09,240 --> 00:13:12,520  
他在某种含义上有可能是在骂人啊  
  
302  
00:13:12,520 --> 00:13:13,520  
我们就说这个道理  
  
303  
00:13:13,780 --> 00:13:15,380  
他不是啥好话，有时候一说  
  
304  
00:13:15,380 --> 00:13:16,780  
尤其你现在在网上是吧  
  
305  
00:13:17,020 --> 00:13:19,140  
一说大师，这就跟骂人一样啊  
  
306  
00:13:19,140 --> 00:13:20,740  
就说这个道理，呃  
  
307  
00:13:20,980 --> 00:13:22,980  
尤其最近也有很多大师特别火  
  
308  
00:13:23,060 --> 00:13:24,220  
咱们别蹭热度啊  
  
309  
00:13:24,220 --> 00:13:25,940  
你别说这个事，呃  
  
310  
00:13:27,720 --> 00:13:29,400  
那么就讲这个道理  
  
311  
00:13:29,680 --> 00:13:31,440  
因此说无形的东西啊  
  
312  
00:13:31,440 --> 00:13:32,360  
它不太好界定  
  
313  
00:13:32,800 --> 00:13:35,280  
因此我们啥东西就取中没错吧  
  
314  
00:13:35,470 --> 00:13:35,670  
哎  
  
315  
00:13:35,710 --> 00:13:36,870  
直呼两端用户其中  
  
316  
00:13:36,870 --> 00:13:38,150  
这古人教我们一个智慧  
  
317  
00:13:38,350 --> 00:13:42,190  
那你就指两端用户用用户其中用户其中怎么办  
  
318  
00:13:42,550 --> 00:13:46,430  
那么我们就无非是从气血层面让它落地  
  
319  
00:13:46,790 --> 00:13:47,630  
因此说呢  
  
320  
00:13:48,560 --> 00:13:51,320  
从五脏的功能，因此五脏受风寒之后  
  
321  
00:13:51,840 --> 00:13:55,650  
那么他的气血、运化、生化功能出了问题  
  
322  
00:13:56,210 --> 00:13:57,330  
产生了什么呢  
  
323  
00:13:57,690 --> 00:13:59,930  
五脏之中的精气发生了积聚  
  
324  
00:14:00,740 --> 00:14:02,380  
这个就叫五脏风寒积聚  
  
325  
00:14:02,660 --> 00:14:03,780  
五脏是它的本体  
  
326  
00:14:05,060 --> 00:14:06,020  
风寒是诱因  
  
327  
00:14:06,660 --> 00:14:08,460  
积聚是结果，啊  
  
328  
00:14:08,860 --> 00:14:10,660  
我花了得有10分钟  
  
329  
00:14:10,860 --> 00:14:13,380  
那把这个事给大家交代清楚啊  
  
330  
00:14:13,750 --> 00:14:14,990  
他是非常有必要的  
  
331  
00:14:14,990 --> 00:14:15,710  
为什么那么讲  
  
332  
00:14:16,070 --> 00:14:18,150  
要不然最后你等于学了这一篇之后  
  
333  
00:14:18,150 --> 00:14:19,550  
你说张老师讲啥了啊  
  
334  
00:14:19,550 --> 00:14:23,400  
张老师讲了俩方一个悬浮花汤咋用  
  
335  
00:14:23,840 --> 00:14:25,360  
一个盛着汤咋用  
  
336  
00:14:25,360 --> 00:14:26,080  
要是那样啊  
  
337  
00:14:26,560 --> 00:14:27,880  
呃，你也能得到东西  
  
338  
00:14:27,880 --> 00:14:29,450  
但是得少了啊  
  
339  
00:14:29,450 --> 00:14:31,850  
你得明白他这个道理是什么  
  
340  
00:14:32,130 --> 00:14:33,570  
因此从这个角度呢  
  
341  
00:14:33,570 --> 00:14:35,370  
我才能把另外一件事说明白  
  
342  
00:14:35,730 --> 00:14:40,130  
那么五脏无论是旋覆花汤还是肾灼汤  
  
343  
00:14:40,610 --> 00:14:41,930  
也就是干姜灵珠，对吧  
  
344  
00:14:42,330 --> 00:14:43,930  
那么它治疗的疾病  
  
345  
00:14:44,360 --> 00:14:47,960  
我们都给他叫这么一个名儿  
  
346  
00:14:50,300 --> 00:14:52,820  
肾浊干浊大家发现没有  
  
347  
00:14:54,020 --> 00:14:58,700  
那么为啥你看你们可能看的是两个版本是不是  
  
348  
00:15:02,560 --> 00:15:07,160  
那为啥有的版本是这个通著作的  
  
349  
00:15:07,160 --> 00:15:07,400  
注  
  
350  
00:15:08,650 --> 00:15:09,810  
这个卓对吧  
  
351  
00:15:10,410 --> 00:15:11,370  
有的版本呢  
  
352  
00:15:11,810 --> 00:15:15,240  
是穿着的卓，为啥不一样  
  
353  
00:15:15,240 --> 00:15:16,400  
大家有没有这疑问呢  
  
354  
00:15:17,400 --> 00:15:18,840  
那肯定有一个是错的吧  
  
355  
00:15:20,180 --> 00:15:23,020  
但是如果你穿越回去啊  
  
356  
00:15:23,620 --> 00:15:25,260  
你问林毅孙琦、高宝恒  
  
357  
00:15:25,460 --> 00:15:27,900  
你说高先生说这字咋念啊  
  
358  
00:15:28,460 --> 00:15:28,660  
呃  
  
359  
00:15:28,780 --> 00:15:30,140  
我冒个大，不会说啊  
  
360  
00:15:30,140 --> 00:15:31,580  
咱不能拿古人开玩笑  
  
361  
00:15:31,940 --> 00:15:33,060  
但是说这么个道理  
  
362  
00:15:33,630 --> 00:15:33,830  
呃  
  
363  
00:15:34,270 --> 00:15:36,390  
因为主要主笔是孙琦先生嘛  
  
364  
00:15:36,390 --> 00:15:36,670  
对吧  
  
365  
00:15:36,990 --> 00:15:38,870  
那孙先生有可能告诉你  
  
366  
00:15:39,550 --> 00:15:41,270  
哎呀，小伙子  
  
367  
00:15:41,970 --> 00:15:43,530  
这俩哪个镯都一样  
  
368  
00:15:44,270 --> 00:15:45,190  
你当时就蒙了  
  
369  
00:15:45,230 --> 00:15:45,710  
你说，嗯  
  
370  
00:15:45,990 --> 00:15:46,990  
那咋能都一样呢  
  
371  
00:15:46,990 --> 00:15:47,830  
那你选一个吧  
  
372  
00:15:48,510 --> 00:15:51,190  
孙先生的回答一定是，那你选一个吧  
  
373  
00:15:52,010 --> 00:15:52,650  
哪个都行  
  
374  
00:15:52,970 --> 00:15:55,650  
我这一说很多人发蒙啊  
  
375  
00:15:55,890 --> 00:15:56,650  
那么为什么  
  
376  
00:15:57,050 --> 00:15:59,090  
因为这俩都是又都不是  
  
377  
00:15:59,900 --> 00:16:01,860  
呃，这么跟大家讲啊  
  
378  
00:16:01,860 --> 00:16:03,540  
可能很多人觉得很危言耸听  
  
379  
00:16:04,100 --> 00:16:05,220  
中国的度量衡啊  
  
380  
00:16:05,220 --> 00:16:06,940  
我们说从秦代就统一了吧  
  
381  
00:16:07,480 --> 00:16:10,480  
但是真正达到今天一样精确的统一  
  
382  
00:16:10,760 --> 00:16:13,120  
这个家里有老人的，你不妨回去问问  
  
383  
00:16:13,480 --> 00:16:16,520  
那是在刚解放的时候都没统一  
  
384  
00:16:17,440 --> 00:16:21,600  
那说白了得是大概到了六七十年代  
  
385  
00:16:22,420 --> 00:16:26,580  
很多小县城啊，跟别的县城它那个尺还统一不了呢  
  
386  
00:16:27,440 --> 00:16:29,840  
因为这个是从技术层面的问题  
  
387  
00:16:30,160 --> 00:16:31,120  
那么文字也是  
  
388  
00:16:31,520 --> 00:16:32,800  
中国在战汉以前  
  
389  
00:16:32,800 --> 00:16:37,060  
是一个200多个诸侯国的这么一个国家  
  
390  
00:16:37,060 --> 00:16:37,340  
对吧  
  
391  
00:16:37,980 --> 00:16:40,430  
呃，那么那个时代呢  
  
392  
00:16:40,430 --> 00:16:43,750  
每个地方我们讲，为啥今天讲叫十里不同雨  
  
393  
00:16:44,350 --> 00:16:48,220  
所以这个第一个卓和第二个浊，它俩是一个  
  
394  
00:16:48,660 --> 00:16:51,260  
也就是柱和遮，它俩是一个  
  
395  
00:16:52,060 --> 00:16:53,980  
就是这个意思啊  
  
396  
00:16:54,060 --> 00:16:55,020  
你就明白就行了  
  
397  
00:16:55,020 --> 00:16:56,900  
而且你仔细的看，他俩长得很像  
  
398  
00:16:57,260 --> 00:16:57,900  
发现了吧  
  
399  
00:16:58,560 --> 00:16:59,520  
从外形上很像  
  
400  
00:16:59,880 --> 00:17:02,080  
而且他俩都代表一个事，儿  
  
401  
00:17:04,660 --> 00:17:10,440  
你看旁边一个背这边一个这个这念啥呀  
  
402  
00:17:11,390 --> 00:17:14,990  
注贮存的住，是不是他俩都是这个  
  
403  
00:17:14,990 --> 00:17:16,510  
你看说文你就明白了  
  
404  
00:17:17,630 --> 00:17:18,790  
铸就是这意思  
  
405  
00:17:19,109 --> 00:17:20,069  
柱是啥意思  
  
406  
00:17:20,550 --> 00:17:25,200  
按照说文讲著者基也那么干浊也好，肾浊也好  
  
407  
00:17:25,480 --> 00:17:26,880  
说的就是啥积聚  
  
408  
00:17:28,600 --> 00:17:30,520  
当然这个积聚就有意思了啊  
  
409  
00:17:31,000 --> 00:17:32,680  
那么它是五脏的集聚  
  
410  
00:17:33,400 --> 00:17:37,110  
是五脏由于风和法寒造成的积聚  
  
411  
00:17:37,630 --> 00:17:41,110  
是五脏由于风和寒造成什么积聚呢  
  
412  
00:17:41,350 --> 00:17:43,590  
那你得分别看五脏里藏的是啥  
  
413  
00:17:44,880 --> 00:17:48,520  
我想其实我讲到这儿这一篇已经不用我讲  
  
414  
00:17:48,520 --> 00:17:52,430  
大家心里已经都知道这篇该咋学了吧，啊  
  
415  
00:17:52,430 --> 00:17:53,750  
但是我不讲，又不合适  
  
416  
00:17:53,750 --> 00:17:54,910  
大家大老远来的  
  
417  
00:17:55,270 --> 00:17:57,070  
所以我还得叨咕叨咕，没错吧  
  
418  
00:17:57,350 --> 00:17:58,230  
那从头捋一捋  
  
419  
00:17:58,510 --> 00:18:01,870  
但是我认为刚才这一番话，从五脏  
  
420  
00:18:03,070 --> 00:18:04,030  
五脏是本体  
  
421  
00:18:04,590 --> 00:18:05,510  
风寒是诱因  
  
422  
00:18:05,900 --> 00:18:06,780  
积聚是结果  
  
423  
00:18:07,100 --> 00:18:08,060  
那么积聚的是啥  
  
424  
00:18:08,060 --> 00:18:09,660  
就是五脏藏啥就积聚啥  
  
425  
00:18:09,860 --> 00:18:10,420  
明白了吧  
  
426  
00:18:10,860 --> 00:18:12,020  
那么大家就都通了  
  
427  
00:18:12,340 --> 00:18:15,180  
那么所以这个里头，咱们怎么弄啊  
  
428  
00:18:15,220 --> 00:18:16,260  
咱们就一条一条来  
  
429  
00:18:17,540 --> 00:18:18,940  
咱们从第一条开始看  
  
430  
00:18:20,200 --> 00:18:23,560  
呃，第一个所谓  
  
431  
00:18:25,080 --> 00:18:25,720  
肺中风  
  
432  
00:18:26,900 --> 00:18:27,980  
他讲这么一个道理  
  
433  
00:18:27,980 --> 00:18:30,900  
你看呃他这块啊，这个格式啊  
  
434  
00:18:30,900 --> 00:18:34,110  
你看是讲肺是三条，大家看见了没有  
  
435  
00:18:34,590 --> 00:18:36,790  
中风一条，第二条是啥呀  
  
436  
00:18:37,510 --> 00:18:37,870  
重寒  
  
437  
00:18:37,990 --> 00:18:39,870  
第三条呢，叫死葬  
  
438  
00:18:40,570 --> 00:18:41,690  
一个是风，一个是寒  
  
439  
00:18:42,250 --> 00:18:43,690  
第三是预后不良啊  
  
440  
00:18:44,690 --> 00:18:45,450  
那么这三种  
  
441  
00:18:49,060 --> 00:18:52,780  
那么肺中风中间就讲这么一个事，叫口燥而喘  
  
442  
00:18:52,900 --> 00:18:53,940  
那么在肺啊  
  
443  
00:18:53,980 --> 00:18:55,820  
那么喘是一个必然现象，没错吧  
  
444  
00:18:56,340 --> 00:18:57,880  
口干燥，呃  
  
445  
00:18:58,040 --> 00:19:00,160  
身郁而重，指的是浑身特别沉  
  
446  
00:19:01,080 --> 00:19:02,320  
那么为什么特别沉呢  
  
447  
00:19:02,320 --> 00:19:05,600  
因为后头说了冒而肿胀  
  
448  
00:19:06,320 --> 00:19:07,240  
那么这句话呀  
  
449  
00:19:07,560 --> 00:19:08,920  
我是想这么说  
  
450  
00:19:09,640 --> 00:19:12,000  
肺脏本身的功能有一个重要的功能  
  
451  
00:19:12,740 --> 00:19:16,700  
那么所谓的上归于肺通调水道  
  
452  
00:19:17,270 --> 00:19:18,270  
大家就明白了吧  
  
453  
00:19:18,710 --> 00:19:20,870  
因此说所谓肺中风  
  
454  
00:19:21,310 --> 00:19:24,910  
无非就是肺脏哪个功能现在失灵了呢  
  
455  
00:19:25,530 --> 00:19:25,810  
哎  
  
456  
00:19:25,810 --> 00:19:26,170  
很好  
  
457  
00:19:26,170 --> 00:19:28,290  
大家自己都感觉出来了，对吧  
  
458  
00:19:28,690 --> 00:19:32,730  
就是通调水道的功能现在坏了  
  
459  
00:19:33,380 --> 00:19:35,620  
就像我们前几天下大雪  
  
460  
00:19:36,100 --> 00:19:39,340  
然后是不是这个水系统就就出点问题啊  
  
461  
00:19:39,890 --> 00:19:40,090  
哎  
  
462  
00:19:40,130 --> 00:19:43,210  
那么经过抢修又恢复了就是一个道理  
  
463  
00:19:43,490 --> 00:19:45,430  
那么肺脏一下  
  
464  
00:19:45,670 --> 00:19:49,510  
造成它的水液代谢上下代谢出了毛病啊  
  
465  
00:19:49,870 --> 00:19:51,420  
出了毛病，呃  
  
466  
00:19:51,780 --> 00:19:53,140  
水不能升降了吧  
  
467  
00:19:53,780 --> 00:19:54,340  
是不是啊  
  
468  
00:19:54,820 --> 00:19:55,020  
哎  
  
469  
00:19:55,020 --> 00:19:59,620  
它的升降的机能就出现了问题  
  
470  
00:19:59,980 --> 00:20:03,660  
那么水气不能上升则会怎么样呢  
  
471  
00:20:04,350 --> 00:20:05,030  
口燥吧  
  
472  
00:20:05,790 --> 00:20:08,030  
那水汽不能下降得怎么样啊  
  
473  
00:20:08,670 --> 00:20:10,110  
那就所谓神韵而重  
  
474  
00:20:10,590 --> 00:20:11,550  
那么就会肿胀  
  
475  
00:20:12,190 --> 00:20:13,390  
那么水居于中  
  
476  
00:20:14,010 --> 00:20:16,290  
那么清阳不生则气人选茂  
  
477  
00:20:16,650 --> 00:20:18,330  
这个你怎么解释都行啊  
  
478  
00:20:18,690 --> 00:20:20,090  
那么水气不得宣速  
  
479  
00:20:20,410 --> 00:20:22,250  
有碍于肺脏，则其人喘  
  
480  
00:20:22,770 --> 00:20:24,410  
这个无非随文附议  
  
481  
00:20:24,850 --> 00:20:26,570  
那么我在这儿不赘述  
  
482  
00:20:26,570 --> 00:20:29,090  
但是我就要大家抓住一个核心概念  
  
483  
00:20:29,900 --> 00:20:31,420  
那么肺的哪一个功能啊  
  
484  
00:20:32,370 --> 00:20:34,610  
通调水道四个字大家都看懂了吧  
  
485  
00:20:34,970 --> 00:20:41,400  
那么通调水道的功能怎么由于什么原因会出现问题  
  
486  
00:20:41,440 --> 00:20:42,440  
那么就是非中风  
  
487  
00:20:42,720 --> 00:20:45,160  
因此这个东西我给大家教条文  
  
488  
00:20:45,720 --> 00:20:47,120  
大家一定要明白一个道理  
  
489  
00:20:47,120 --> 00:20:48,800  
我现在教的就是交临床  
  
490  
00:20:49,270 --> 00:20:50,270  
大家明白了没有  
  
491  
00:20:50,550 --> 00:20:55,600  
你以后在临床上看见一个人喘肿口还干  
  
492  
00:20:56,080 --> 00:20:58,400  
那么你就要你不能在那冒蒙  
  
493  
00:20:58,400 --> 00:21:00,720  
你一看啊，老师喘是不是肾虚  
  
494  
00:21:00,720 --> 00:21:01,840  
我是不是得补肾啊  
  
495  
00:21:02,280 --> 00:21:05,080  
或者是不是我这会儿月币加注汤得得上了  
  
496  
00:21:05,360 --> 00:21:08,880  
你月币加注汤上是对的，但是也是不对的  
  
497  
00:21:10,170 --> 00:21:10,970  
怎么是对的  
  
498  
00:21:11,050 --> 00:21:14,130  
你要看到看到水稻不能通调才对  
  
499  
00:21:14,330 --> 00:21:15,330  
明白这个道理了吧  
  
500  
00:21:15,610 --> 00:21:17,050  
那么你用啥汤都对  
  
501  
00:21:17,250 --> 00:21:19,370  
用啥汤又都不对啊  
  
502  
00:21:19,370 --> 00:21:20,370  
明白我的意思了吧  
  
503  
00:21:20,570 --> 00:21:25,050  
看到通调水道，你要直观的把喘和口罩和肿  
  
504  
00:21:25,910 --> 00:21:28,900  
能够联想到这三件事，变成一个事  
  
505  
00:21:28,980 --> 00:21:29,380  
是不是  
  
506  
00:21:29,380 --> 00:21:29,820  
同学们  
  
507  
00:21:30,140 --> 00:21:33,780  
我在门诊的时候，我经常会跟患者习惯性的说这么一句话  
  
508  
00:21:34,060 --> 00:21:34,820  
我说你呀  
  
509  
00:21:35,780 --> 00:21:36,620  
咱打个比方啊  
  
510  
00:21:36,820 --> 00:21:37,820  
你这甲状腺啊  
  
511  
00:21:37,860 --> 00:21:38,620  
跟你这乳腺  
  
512  
00:21:38,620 --> 00:21:41,100  
包括你这个卵巢，这三个病  
  
513  
00:21:41,460 --> 00:21:42,380  
其实它都是一个事  
  
514  
00:21:42,380 --> 00:21:44,660  
儿这话我是不是在门诊上总说呀  
  
515  
00:21:45,150 --> 00:21:45,950  
就这一个道理  
  
516  
00:21:45,950 --> 00:21:47,670  
你要善于在门诊上  
  
517  
00:21:48,350 --> 00:21:53,690  
把若干个貌似不挨着的事穿到一条线上  
  
518  
00:21:54,340 --> 00:21:56,940  
你才能这一根线一转  
  
519  
00:21:57,100 --> 00:21:59,180  
就把它提纲挈领，全都解决  
  
520  
00:21:59,580 --> 00:22:04,500  
但是不能硬穿，明不明白那么我们怎么穿它这个线  
  
521  
00:22:04,900 --> 00:22:08,820  
这个道理就在于我们平时对经典的感悟  
  
522  
00:22:09,480 --> 00:22:11,520  
你对他的学习啊  
  
523  
00:22:11,880 --> 00:22:14,200  
那么在临床上的这个  
  
524  
00:22:14,200 --> 00:22:16,480  
这个不断的磨合啊  
  
525  
00:22:16,880 --> 00:22:18,200  
那么就是从这来的  
  
526  
00:22:18,950 --> 00:22:19,150  
呃  
  
527  
00:22:19,230 --> 00:22:20,510  
这条线就在这儿穿  
  
528  
00:22:20,590 --> 00:22:23,390  
那么呃，特征就都出来了  
  
529  
00:22:23,430 --> 00:22:24,350  
口燥，对吧  
  
530  
00:22:24,830 --> 00:22:25,870  
喘然后肿  
  
531  
00:22:26,270 --> 00:22:28,070  
那么证明肺脏怎么样了  
  
532  
00:22:28,630 --> 00:22:30,310  
被风邪所克  
  
533  
00:22:30,790 --> 00:22:32,870  
那么你就怎么解决肺上的风邪  
  
534  
00:22:32,950 --> 00:22:35,310  
你有100种方法，大家明不明白啊  
  
535  
00:22:35,700 --> 00:22:35,900  
哎  
  
536  
00:22:36,180 --> 00:22:37,820  
要不然你不读经典  
  
537  
00:22:37,820 --> 00:22:40,140  
说实话，或者你光学了一个悬浮花汤  
  
538  
00:22:40,820 --> 00:22:42,460  
那么那么那么治肝病  
  
539  
00:22:43,240 --> 00:22:44,800  
那么有的时候你跟他呀  
  
540  
00:22:44,800 --> 00:22:47,000  
不见得能联系起来，咱们说白了啊  
  
541  
00:22:47,000 --> 00:22:48,480  
你就可能看到这个人肿  
  
542  
00:22:48,720 --> 00:22:50,120  
你还纳闷，还拍脑门呢  
  
543  
00:22:50,530 --> 00:22:52,770  
还想着我给我老师发个短信问问吧  
  
544  
00:22:52,930 --> 00:22:54,210  
这咋都肿这样了  
  
545  
00:22:54,410 --> 00:22:56,490  
其实书上都写的很清楚了，没错吧  
  
546  
00:22:56,850 --> 00:22:58,650  
那你还觉得这篇不重要吗  
  
547  
00:23:00,080 --> 00:23:00,640  
没错吧  
  
548  
00:23:01,040 --> 00:23:02,920  
你看你就发现很重要，好  
  
549  
00:23:02,920 --> 00:23:05,190  
下一个费仲寒，这个我们啊  
  
550  
00:23:05,190 --> 00:23:07,350  
他条文非常简单，就说了三个字  
  
551  
00:23:07,710 --> 00:23:09,030  
费仲寒怎么样呢  
  
552  
00:23:10,250 --> 00:23:10,970  
土，浊涕  
  
553  
00:23:12,050 --> 00:23:16,210  
呃，很多人看到这一篇就翻过去了  
  
554  
00:23:17,370 --> 00:23:20,090  
他没想想说古人写东西怎么绕来绕去啊  
  
555  
00:23:20,810 --> 00:23:21,010  
土  
  
556  
00:23:21,810 --> 00:23:25,370  
那你前头说那个咱们说废伪  
  
557  
00:23:26,490 --> 00:23:27,410  
那么土浊拓  
  
558  
00:23:27,530 --> 00:23:27,930  
啊，哈  
  
559  
00:23:27,930 --> 00:23:29,090  
费有费用没错吧  
  
560  
00:23:29,850 --> 00:23:31,650  
那么你这怎么又土浊涕呢  
  
561  
00:23:31,650 --> 00:23:31,850  
哎  
  
562  
00:23:31,930 --> 00:23:35,790  
就是这个，尤其我们北方人啊  
  
563  
00:23:35,870 --> 00:23:39,950  
尤其我们东北人，这种情况说实话还还真的比南方多  
  
564  
00:23:39,950 --> 00:23:41,470  
因为气候问题没错吧  
  
565  
00:23:42,090 --> 00:23:42,290  
呃  
  
566  
00:23:42,490 --> 00:23:45,090  
啥叫吐浊涕，涕是鼻涕  
  
567  
00:23:45,830 --> 00:23:46,750  
大家明白了没有  
  
568  
00:23:47,350 --> 00:23:48,270  
但是鼻涕呢  
  
569  
00:23:48,270 --> 00:23:50,270  
他说的不是从鼻子醒出来的  
  
570  
00:23:51,150 --> 00:23:52,550  
他说从哪儿出来的呢  
  
571  
00:23:53,440 --> 00:23:55,360  
从口腔出来的啊  
  
572  
00:23:55,600 --> 00:23:56,640  
这个大家都懂吧  
  
573  
00:23:57,160 --> 00:24:00,270  
那么为啥鼻涕从口腔出来  
  
574  
00:24:00,950 --> 00:24:03,910  
那么作为一个平平常常的老百姓  
  
575  
00:24:04,950 --> 00:24:05,630  
你就想，啊  
  
576  
00:24:05,630 --> 00:24:06,310  
这叫鼻炎  
  
577  
00:24:07,450 --> 00:24:08,410  
但作为一个大夫  
  
578  
00:24:08,810 --> 00:24:11,490  
你就要明白，这叫祖师爷  
  
579  
00:24:11,570 --> 00:24:14,590  
把这个症状都给你送到手里来了  
  
580  
00:24:14,830 --> 00:24:16,430  
这叫肺中寒  
  
581  
00:24:17,650 --> 00:24:18,370  
明白了没有  
  
582  
00:24:18,850 --> 00:24:22,540  
原因很简单B为什么鼻为肺窍吧  
  
583  
00:24:23,060 --> 00:24:23,980  
是不是这个道理啊  
  
584  
00:24:24,380 --> 00:24:25,580  
那么鼻为肺窍呢  
  
585  
00:24:25,820 --> 00:24:28,580  
我们说风者主开泄，寒者主闭塞  
  
586  
00:24:29,330 --> 00:24:32,050  
由于尾气被寒气所闭  
  
587  
00:24:32,050 --> 00:24:35,010  
我们讲叫那个五脏风寒积聚吗  
  
588  
00:24:35,010 --> 00:24:35,490  
没错吧  
  
589  
00:24:36,050 --> 00:24:37,490  
那么被寒气所聚  
  
590  
00:24:38,540 --> 00:24:39,660  
那么就造成一个问题  
  
591  
00:24:40,020 --> 00:24:42,740  
他的那个那么人的午液啊  
  
592  
00:24:43,220 --> 00:24:44,940  
肺之液为T没错吧  
  
593  
00:24:45,260 --> 00:24:48,830  
那么就不能够正常的布散，那么一天冷啊  
  
594  
00:24:49,070 --> 00:24:50,710  
就说一非常简单的一个问题  
  
595  
00:24:50,870 --> 00:24:52,190  
就像自来水，天太冷  
  
596  
00:24:52,190 --> 00:24:52,990  
最后就冻住了  
  
597  
00:24:52,990 --> 00:24:53,830  
大家明白了吧  
  
598  
00:24:54,090 --> 00:24:55,330  
它出不来，出不来  
  
599  
00:24:55,330 --> 00:24:56,930  
最后他要闭于哪儿呢  
  
600  
00:24:56,930 --> 00:24:59,610  
闭于鼻窍，闭于鼻窍之后  
  
601  
00:25:00,050 --> 00:25:04,790  
那么就会造成这个鼻涕呀，就蓄积在鼻腔里  
  
602  
00:25:05,110 --> 00:25:07,190  
那么最后你醒了还不舒服，擤不出来  
  
603  
00:25:07,350 --> 00:25:08,190  
哎，好多人诶  
  
604  
00:25:08,190 --> 00:25:10,410  
从一吸吸出来了，对吧  
  
605  
00:25:10,770 --> 00:25:13,490  
当然我这说的比较那个什么你就呵  
  
606  
00:25:13,530 --> 00:25:15,060  
别比较高能啊  
  
607  
00:25:15,060 --> 00:25:17,300  
你就你就明白，我们就是为讲医学啊  
  
608  
00:25:17,540 --> 00:25:18,860  
从这里头哎，流下来  
  
609  
00:25:18,860 --> 00:25:20,980  
流下来之后，那么一口吐出去  
  
610  
00:25:20,980 --> 00:25:21,580  
没错吧  
  
611  
00:25:21,970 --> 00:25:24,570  
怎么的，大家都都好多都都知道这个事  
  
612  
00:25:24,930 --> 00:25:28,900  
那么这个我们不要像老百姓一样搬板凳，在旁边看热闹  
  
613  
00:25:28,900 --> 00:25:32,330  
你就知道这个告诉你叫这叫这有名字  
  
614  
00:25:32,730 --> 00:25:34,170  
这叫费仲寒，没错吧  
  
615  
00:25:34,370 --> 00:25:36,370  
那我们今天拿它当什么治呢  
  
616  
00:25:37,290 --> 00:25:39,850  
鼻炎因此说一个问题啊  
  
617  
00:25:40,170 --> 00:25:41,730  
有很多人其实写过一些文章  
  
618  
00:25:41,890 --> 00:25:42,810  
你你到网上搜  
  
619  
00:25:43,090 --> 00:25:44,410  
比如小青龙汤治鼻炎  
  
620  
00:25:45,230 --> 00:25:46,190  
桂枝汤治鼻炎  
  
621  
00:25:46,790 --> 00:25:48,990  
麻辛附子汤治鼻炎等等啊  
  
622  
00:25:49,890 --> 00:25:50,810  
你发现一个问题  
  
623  
00:25:51,290 --> 00:25:55,490  
往往治鼻炎比较高效的都是温热药  
  
624  
00:25:56,540 --> 00:25:57,260  
发现了没有  
  
625  
00:25:57,660 --> 00:25:59,220  
而且很多都是温肺的药  
  
626  
00:26:00,620 --> 00:26:03,720  
那么一般咱们说四逆汤治鼻炎也有  
  
627  
00:26:03,720 --> 00:26:06,240  
但是你得你，你可能得相机而动啊  
  
628  
00:26:06,240 --> 00:26:08,400  
你看邪气在不在少阴，没错吧  
  
629  
00:26:08,400 --> 00:26:09,680  
你要应用也行啊  
  
630  
00:26:09,990 --> 00:26:11,390  
但一般最好别硬整啊  
  
631  
00:26:11,390 --> 00:26:13,910  
咱还是有有道咱走道啊  
  
632  
00:26:13,910 --> 00:26:14,550  
你别跳墙  
  
633  
00:26:15,310 --> 00:26:18,540  
那么这个因此说明一个问题啊  
  
634  
00:26:18,540 --> 00:26:22,380  
那么咱们现在就明白所谓肺中寒是啥特点了  
  
635  
00:26:22,380 --> 00:26:24,020  
那你看这人啊  
  
636  
00:26:24,380 --> 00:26:25,620  
这个鼻音重，对吧  
  
637  
00:26:25,620 --> 00:26:27,380  
他他他这种状态  
  
638  
00:26:27,760 --> 00:26:31,200  
或者你能看出来，你就要联想到它一定是有肺寒  
  
639  
00:26:31,940 --> 00:26:34,500  
那么在论治的时候你就着手的点  
  
640  
00:26:34,940 --> 00:26:39,500  
因此说关于这个肺中风和肺中寒，这里头用啥方  
  
641  
00:26:40,060 --> 00:26:41,100  
非常遗憾啊  
  
642  
00:26:41,620 --> 00:26:42,660  
仲景先师呢  
  
643  
00:26:42,700 --> 00:26:44,230  
并没说，呃  
  
644  
00:26:44,630 --> 00:26:46,430  
我们其实没说呀  
  
645  
00:26:46,430 --> 00:26:49,230  
也不代表他就没法儿，咱们打一个比方  
  
646  
00:26:49,510 --> 00:26:54,000  
那你说废气是不是，那肺也主太阴啊  
  
647  
00:26:54,600 --> 00:26:57,080  
那么太阴如果说中风  
  
648  
00:26:57,630 --> 00:26:59,270  
呃，如果你要问我呀  
  
649  
00:26:59,270 --> 00:27:00,230  
那也有很多方子  
  
650  
00:27:00,230 --> 00:27:02,300  
比如桂枝类，是不是啊  
  
651  
00:27:02,340 --> 00:27:04,660  
固始汉初欲救邪风者，宜桂枝汤主之嘛  
  
652  
00:27:04,660 --> 00:27:05,340  
咱打一个比方  
  
653  
00:27:05,700 --> 00:27:06,500  
那你肺中寒  
  
654  
00:27:06,820 --> 00:27:09,400  
那小青龙就是效果最好了啊  
  
655  
00:27:09,440 --> 00:27:11,960  
因此咱们这个就是作为一个抛砖引玉啊  
  
656  
00:27:12,400 --> 00:27:14,800  
在这不过多的讲下头  
  
657  
00:27:14,800 --> 00:27:16,360  
有一句话一说就吓人了  
  
658  
00:27:17,430 --> 00:27:18,150  
怎么说呢  
  
659  
00:27:19,170 --> 00:27:20,690  
这么讲叫肺死葬  
  
660  
00:27:21,290 --> 00:27:22,570  
那么很多时候啊  
  
661  
00:27:22,690 --> 00:27:25,970  
这个很多人一听到这个事，儿呃  
  
662  
00:27:26,680 --> 00:27:28,120  
很很抗拒，很排斥  
  
663  
00:27:28,160 --> 00:27:28,760  
是不是  
  
664  
00:27:29,470 --> 00:27:29,670  
呃  
  
665  
00:27:29,870 --> 00:27:31,950  
但是作为一个心智成熟的医生  
  
666  
00:27:32,510 --> 00:27:34,550  
这是你的一个必修课啊  
  
667  
00:27:34,550 --> 00:27:36,780  
也就是对人的死亡啊  
  
668  
00:27:36,860 --> 00:27:38,180  
包括对患者的死亡  
  
669  
00:27:38,500 --> 00:27:41,940  
要有我们都希望人能长命百岁是不是  
  
670  
00:27:43,740 --> 00:27:45,940  
但是这个这个呃  
  
671  
00:27:46,180 --> 00:27:49,260  
但这个事不太容易啊呃  
  
672  
00:27:51,800 --> 00:27:58,740  
那么这块就是说是一个一个真脏脉啊  
  
673  
00:27:58,820 --> 00:27:59,940  
讲的是一个真脏脉  
  
674  
00:27:59,940 --> 00:28:01,060  
你看他咋说啊  
  
675  
00:28:02,020 --> 00:28:03,460  
呃，肺之虚  
  
676  
00:28:04,970 --> 00:28:08,490  
暗之若如葱叶下无根这色啊  
  
677  
00:28:09,130 --> 00:28:11,930  
讲这么个事，他其实用了举案两种脉象  
  
678  
00:28:12,330 --> 00:28:13,450  
这个人的脉象呢  
  
679  
00:28:14,270 --> 00:28:17,050  
伏案的时候就是举起来的时候是虚像  
  
680  
00:28:17,690 --> 00:28:18,770  
摁下去如葱管  
  
681  
00:28:18,890 --> 00:28:20,370  
葱就是抠嘛，是不是啊  
  
682  
00:28:20,770 --> 00:28:20,970  
哎  
  
683  
00:28:20,970 --> 00:28:23,050  
摁下去空的，而且无根  
  
684  
00:28:25,840 --> 00:28:26,840  
什么叫无根啊  
  
685  
00:28:27,000 --> 00:28:27,680  
轻取则有  
  
686  
00:28:27,680 --> 00:28:29,190  
重暗则无嘛，哎  
  
687  
00:28:29,590 --> 00:28:30,270  
但这个呢  
  
688  
00:28:30,350 --> 00:28:33,070  
其实我们可以分明的看见这句话  
  
689  
00:28:33,190 --> 00:28:34,990  
其实是有内经的痕迹的  
  
690  
00:28:35,480 --> 00:28:37,880  
哎，你到内经里头有一篇叫郁积真脏论  
  
691  
00:28:38,360 --> 00:28:42,400  
郁积真脏论中间说一句话叫真肺脉滞大而虚  
  
692  
00:28:43,940 --> 00:28:45,740  
又大又虚，就是肺的真脏脉  
  
693  
00:28:45,740 --> 00:28:46,060  
对吧  
  
694  
00:28:46,180 --> 00:28:47,540  
那我们说说什么叫真脏脉  
  
695  
00:28:47,540 --> 00:28:48,380  
五脏藏精气  
  
696  
00:28:48,740 --> 00:28:50,820  
那么到最后的时候没有胃气了  
  
697  
00:28:50,820 --> 00:28:52,380  
这个人啊，阴阳将绝  
  
698  
00:28:52,990 --> 00:28:54,590  
人要走了，要走了之前  
  
699  
00:28:55,030 --> 00:28:57,070  
那么这个他的胃气都已经没了  
  
700  
00:28:57,070 --> 00:28:59,590  
那么最后你看那那个五脏的脉，就是他的本相  
  
701  
00:28:59,830 --> 00:29:02,030  
是不是那肺脉就是这个特点  
  
702  
00:29:02,440 --> 00:29:03,240  
呃，大而虚  
  
703  
00:29:03,240 --> 00:29:04,160  
而且是什么样呢  
  
704  
00:29:04,160 --> 00:29:07,720  
预计震荡脉用了一个非常形象的词说这样  
  
705  
00:29:08,450 --> 00:29:11,610  
如以毛羽众人敷什么意思  
  
706  
00:29:11,610 --> 00:29:16,100  
就好像拿羽毛啊，轻轻的刮你的皮肤的那种触感  
  
707  
00:29:16,660 --> 00:29:17,860  
就像个羽毛那么轻  
  
708  
00:29:17,860 --> 00:29:18,420  
是不是  
  
709  
00:29:18,740 --> 00:29:18,940  
哎  
  
710  
00:29:18,940 --> 00:29:21,500  
那么这个时候就是就是恐怕要不行了  
  
711  
00:29:21,740 --> 00:29:24,590  
那么你得提前跟患者说清楚  
  
712  
00:29:24,630 --> 00:29:27,910  
我经常啊跟我的学生讲这么一句话，不厌其烦  
  
713  
00:29:28,980 --> 00:29:29,500  
我说呀  
  
714  
00:29:29,780 --> 00:29:32,260  
你不但要能看得到这种情况  
  
715  
00:29:32,540 --> 00:29:34,300  
而且要把话说在提前  
  
716  
00:29:35,300 --> 00:29:38,620  
但是无论说与否，我们都要一心救治是吧  
  
717  
00:29:38,780 --> 00:29:39,780  
都要尽全力  
  
718  
00:29:40,000 --> 00:29:42,160  
但是尽全力的同时，你得跟患者说  
  
719  
00:29:42,400 --> 00:29:44,000  
因为同样是这么一个结果  
  
720  
00:29:44,520 --> 00:29:47,220  
你把话说在前头，你是神医  
  
721  
00:29:47,710 --> 00:29:48,870  
你把话说在后头  
  
722  
00:29:49,430 --> 00:29:49,990  
你完了  
  
723  
00:29:49,990 --> 00:29:51,590  
那你你肯定出事儿了，对吧  
  
724  
00:29:51,910 --> 00:29:54,230  
这人吃了你的药，然后然后这样了  
  
725  
00:29:54,670 --> 00:29:55,830  
呃，嗯  
  
726  
00:29:56,190 --> 00:30:00,270  
那么这个关于这个我我就不给你讲过多的事了啊  
  
727  
00:30:00,310 --> 00:30:01,740  
讲过多的事儿了，呃  
  
728  
00:30:01,740 --> 00:30:03,980  
我们身边的案例有非常多啊  
  
729  
00:30:04,020 --> 00:30:05,500  
这个有机会我们再说吧  
  
730  
00:30:05,700 --> 00:30:07,580  
现在我们光讲学术啊  
  
731  
00:30:07,580 --> 00:30:09,910  
不讲这些事了，呃  
  
732  
00:30:09,990 --> 00:30:12,990  
但是从技术层面就是这样的啊，呃  
  
733  
00:30:13,110 --> 00:30:15,030  
下头这个呢，叫甘中风  
  
734  
00:30:17,050 --> 00:30:17,250  
嗯  
  
735  
00:30:18,530 --> 00:30:19,610  
所谓的干中风  
  
736  
00:30:21,330 --> 00:30:22,570  
那么呃  
  
737  
00:30:22,690 --> 00:30:23,530  
他也是三个  
  
738  
00:30:23,570 --> 00:30:24,930  
一个肝中风，一个肝中寒  
  
739  
00:30:25,010 --> 00:30:26,370  
一个叫肝死脏，对吧  
  
740  
00:30:26,650 --> 00:30:28,570  
最后还带一方叫甘灼  
  
741  
00:30:29,190 --> 00:30:30,470  
那么甘仲风说这么一个事  
  
742  
00:30:30,470 --> 00:30:33,350  
儿叫头目这个字啊  
  
743  
00:30:34,070 --> 00:30:38,890  
呃，其实它的读音读作伦没错吧  
  
744  
00:30:38,890 --> 00:30:40,890  
但是我们一般都不愿意这么读  
  
745  
00:30:41,370 --> 00:30:44,890  
我们都喜欢读润或者叫顺是吧  
  
746  
00:30:45,330 --> 00:30:45,770  
顺动  
  
747  
00:30:46,890 --> 00:30:47,170  
呃  
  
748  
00:30:48,290 --> 00:30:49,210  
那么是啥意思  
  
749  
00:30:49,290 --> 00:30:53,610  
顺动，就好像你抽筋或者眼皮跳的那种感觉啊  
  
750  
00:30:54,210 --> 00:30:58,870  
头目顺或者叫头目轮都都一样  
  
751  
00:30:59,590 --> 00:31:03,550  
那么眼睛眼皮跳这个事正常  
  
752  
00:31:04,240 --> 00:31:06,320  
头这个就是晃  
  
753  
00:31:06,760 --> 00:31:07,560  
大家明白了吧  
  
754  
00:31:07,920 --> 00:31:10,320  
我们今天有一种常见病叫帕金森  
  
755  
00:31:11,360 --> 00:31:11,560  
哎  
  
756  
00:31:12,040 --> 00:31:15,960  
那么因此帕金森在中医名字里头就叫肝中风  
  
757  
00:31:16,620 --> 00:31:17,380  
大家明白了吧  
  
758  
00:31:17,820 --> 00:31:18,020  
哎  
  
759  
00:31:18,060 --> 00:31:19,540  
因此别说我们这些条文  
  
760  
00:31:19,540 --> 00:31:20,620  
它没方，它没用  
  
761  
00:31:20,980 --> 00:31:22,060  
它有大用啊  
  
762  
00:31:22,570 --> 00:31:24,610  
他的病机他都跟你说清了  
  
763  
00:31:24,850 --> 00:31:27,170  
而且两协同，那么协同这个简单  
  
764  
00:31:27,250 --> 00:31:28,810  
那么所谓肝经呢  
  
765  
00:31:28,810 --> 00:31:31,560  
那那那它本身咱们知道，呃  
  
766  
00:31:31,600 --> 00:31:33,400  
他就从斜下走是不是啊  
  
767  
00:31:34,360 --> 00:31:34,720  
哎  
  
768  
00:31:35,570 --> 00:31:38,370  
就是就这么个走行路线啊  
  
769  
00:31:40,210 --> 00:31:44,770  
呃，所谓这个上冠阁布鞋类啊  
  
770  
00:31:44,970 --> 00:31:46,570  
这是他的走向  
  
771  
00:31:50,100 --> 00:31:51,100  
呃，与此同时  
  
772  
00:31:52,660 --> 00:31:54,860  
行长这一这字怎么念啊  
  
773  
00:31:56,740 --> 00:31:58,140  
行程怎么怎么样  
  
774  
00:31:58,580 --> 00:32:00,700  
这个叫雨雨，就是啥意思  
  
775  
00:32:00,700 --> 00:32:03,860  
就是我们今天说那个弯着腰  
  
776  
00:32:05,080 --> 00:32:05,280  
哎  
  
777  
00:32:05,320 --> 00:32:06,400  
弓着腰，驼着背  
  
778  
00:32:06,480 --> 00:32:07,040  
没错吧  
  
779  
00:32:07,560 --> 00:32:08,840  
走路呢，就弓着腰  
  
780  
00:32:09,800 --> 00:32:11,240  
呃，令人啊  
  
781  
00:32:12,050 --> 00:32:12,850  
是干啊  
  
782  
00:32:12,850 --> 00:32:14,450  
这样的人喜欢吃甜味  
  
783  
00:32:14,970 --> 00:32:15,770  
那么这个呢  
  
784  
00:32:15,810 --> 00:32:17,530  
我们说头目晃动呢  
  
785  
00:32:17,530 --> 00:32:20,050  
那所谓诸风掉眩皆属于肝，这个没错啊  
  
786  
00:32:20,090 --> 00:32:21,220  
那么，阳主动  
  
787  
00:32:21,260 --> 00:32:21,780  
阴主静  
  
788  
00:32:22,180 --> 00:32:22,980  
风为阳邪  
  
789  
00:32:23,060 --> 00:32:23,740  
寒为阴邪  
  
790  
00:32:23,860 --> 00:32:26,530  
因此说风邪，风阳之邪主动嘛  
  
791  
00:32:26,530 --> 00:32:26,850  
对吧  
  
792  
00:32:27,170 --> 00:32:29,970  
迷死头晃，我们门诊上帕金森患者也很多啊  
  
793  
00:32:30,810 --> 00:32:32,250  
呃，那么这个  
  
794  
00:32:33,770 --> 00:32:34,170  
根儿啊  
  
795  
00:32:34,210 --> 00:32:36,530  
实际上你看他说那个呃  
  
796  
00:32:36,810 --> 00:32:40,010  
行长雨，就是走路经常弯着腰  
  
797  
00:32:40,170 --> 00:32:40,650  
为啥  
  
798  
00:32:41,280 --> 00:32:42,640  
呃，灵枢经脉篇啊  
  
799  
00:32:42,640 --> 00:32:45,000  
我告诉我的学生们，必须人人都背啊  
  
800  
00:32:45,000 --> 00:32:45,920  
必须倒背如流  
  
801  
00:32:45,960 --> 00:32:46,480  
为啥  
  
802  
00:32:46,810 --> 00:32:49,970  
实际上很多时候我说中医也需要他的解剖学，对吧  
  
803  
00:32:50,330 --> 00:32:51,450  
鲍中也有它的病理  
  
804  
00:32:51,450 --> 00:32:52,530  
你从经脉怎么论  
  
805  
00:32:52,970 --> 00:32:54,250  
那么灵枢经脉里头呢  
  
806  
00:32:54,250 --> 00:32:56,720  
说到这个肝足厥阴之脉啊  
  
807  
00:32:56,720 --> 00:32:58,480  
说到他的这个发病  
  
808  
00:32:58,720 --> 00:33:02,640  
中间就说了是动则腰痛，不可绵仰  
  
809  
00:33:03,160 --> 00:33:04,280  
固行长语  
  
810  
00:33:05,000 --> 00:33:06,800  
他的一发病之后呢，就腰疼  
  
811  
00:33:06,840 --> 00:33:07,640  
腰疼之后，哎  
  
812  
00:33:07,960 --> 00:33:08,760  
你往前弯  
  
813  
00:33:09,850 --> 00:33:12,490  
往后仰都不行啊  
  
814  
00:33:12,970 --> 00:33:13,770  
那么为什么  
  
815  
00:33:13,770 --> 00:33:14,890  
其实这个原因很简单  
  
816  
00:33:14,890 --> 00:33:17,170  
我们说背为阳，腹为阴  
  
817  
00:33:17,250 --> 00:33:17,730  
对吧  
  
818  
00:33:18,240 --> 00:33:19,760  
那么他有了两条大脉  
  
819  
00:33:19,960 --> 00:33:21,280  
一个是主阳的督脉  
  
820  
00:33:21,600 --> 00:33:23,880  
一个是主阴的什么人脉  
  
821  
00:33:24,200 --> 00:33:26,160  
那么如果人受了风阳之邪  
  
822  
00:33:26,200 --> 00:33:29,520  
除了头动摇那么那么斜下的这个疼痛之外啊  
  
823  
00:33:30,560 --> 00:33:31,640  
它有一个重要原因  
  
824  
00:33:32,960 --> 00:33:34,720  
那么你你你想啊  
  
825  
00:33:35,840 --> 00:33:38,840  
阳热太过则阳缓而阴极吧  
  
826  
00:33:39,600 --> 00:33:43,480  
延缓之后，人的后背就不能够正常的挺拔  
  
827  
00:33:44,080 --> 00:33:45,520  
那么筋筋就长了  
  
828  
00:33:45,560 --> 00:33:48,870  
是不是前头相对的短了，人就弯腰啊  
  
829  
00:33:48,990 --> 00:33:49,990  
其实就这么一回事  
  
830  
00:33:50,110 --> 00:33:54,230  
那么因此，人的弯腰是由于阳气的逐渐的衰弱  
  
831  
00:33:54,230 --> 00:33:57,750  
以及阳脉的松弛造成的啊  
  
832  
00:33:57,750 --> 00:33:59,870  
因此我们平时做的时候呢  
  
833  
00:33:59,870 --> 00:34:02,070  
我要求我的学生也都得呃  
  
834  
00:34:02,480 --> 00:34:04,440  
这这个虚灵顶劲啊  
  
835  
00:34:04,440 --> 00:34:06,840  
所谓我经常跟我学生们这么说  
  
836  
00:34:06,840 --> 00:34:09,159  
有哪个学生在我旁边弯着腰，我直接拍他啊  
  
837  
00:34:09,520 --> 00:34:10,800  
就这样，呃  
  
838  
00:34:12,449 --> 00:34:15,170  
那么这个基本上啊，呃  
  
839  
00:34:15,770 --> 00:34:18,909  
我出去到哪，尤其打车啊  
  
840  
00:34:19,030 --> 00:34:21,909  
司机师傅总问我说你是不是当兵的  
  
841  
00:34:22,150 --> 00:34:23,350  
我说我不是啊  
  
842  
00:34:23,989 --> 00:34:24,870  
人家都不信啊  
  
843  
00:34:24,870 --> 00:34:25,710  
说你肯定是当兵的  
  
844  
00:34:25,710 --> 00:34:27,150  
你坐的那么直啊  
  
845  
00:34:27,460 --> 00:34:28,620  
从小练武术啊  
  
846  
00:34:28,620 --> 00:34:30,500  
从小练武养成的养成的习惯  
  
847  
00:34:30,540 --> 00:34:32,580  
你让我弯着坐，我还不舒服啊  
  
848  
00:34:32,960 --> 00:34:35,360  
那么这个就是人的阴脉和阳脉  
  
849  
00:34:35,480 --> 00:34:37,360  
那都都能挺拔起来啊  
  
850  
00:34:37,719 --> 00:34:38,760  
都能挺拔起来  
  
851  
00:34:39,440 --> 00:34:41,400  
那么阳缓而阴极  
  
852  
00:34:41,639 --> 00:34:45,969  
所谓这个呃风阳太盛啊  
  
853  
00:34:46,050 --> 00:34:48,090  
这筋缓，那么就会弯腰  
  
854  
00:34:48,610 --> 00:34:51,770  
这是肝中风的这个情况  
  
855  
00:34:53,230 --> 00:34:53,429  
呃  
  
856  
00:34:53,590 --> 00:34:56,150  
那么甘中风的政治啊，怎么弄  
  
857  
00:34:56,310 --> 00:34:57,510  
我个人觉得啊  
  
858  
00:34:57,510 --> 00:35:00,070  
你可以参考一下，呃  
  
859  
00:35:00,590 --> 00:35:02,420  
实际上这个不能叫  
  
860  
00:35:02,420 --> 00:35:06,940  
我个人觉得这个也是有有传承的，呃  
  
861  
00:35:08,580 --> 00:35:11,620  
那么呃你你你看看那个啥吧  
  
862  
00:35:12,020 --> 00:35:15,900  
咱们之前说中风历节的时候还记不记得啊  
  
863  
00:35:16,440 --> 00:35:17,640  
哎，你翻翻啊  
  
864  
00:35:17,640 --> 00:35:19,640  
这个有机会我们再细说  
  
865  
00:35:19,640 --> 00:35:21,280  
因为这里头东西就很大了  
  
866  
00:35:21,880 --> 00:35:23,160  
呃，那么这个里头呢  
  
867  
00:35:23,160 --> 00:35:25,820  
你说咱打比方，呃  
  
868  
00:35:27,660 --> 00:35:28,580  
黑伞行不行  
  
869  
00:35:29,470 --> 00:35:29,950  
是不是  
  
870  
00:35:30,350 --> 00:35:31,470  
如果风阳太盛  
  
871  
00:35:32,390 --> 00:35:35,590  
咱们讲呃，风饮汤行不行  
  
872  
00:35:36,280 --> 00:35:37,400  
哎，你细琢磨啊  
  
873  
00:35:37,840 --> 00:35:40,200  
如果有虚像咋办啊  
  
874  
00:35:40,200 --> 00:35:41,400  
那这里头可以变化  
  
875  
00:35:42,630 --> 00:35:45,510  
所以你也别说这东西没方，在于你琢磨  
  
876  
00:35:45,550 --> 00:35:46,670  
关键你得认识它  
  
877  
00:35:47,150 --> 00:35:49,540  
你别下次看见头直晃啊  
  
878  
00:35:49,740 --> 00:35:50,100  
对吧  
  
879  
00:35:50,420 --> 00:35:51,580  
弯着腰驼着背来的  
  
880  
00:35:51,580 --> 00:35:52,780  
那么很多临床上患者  
  
881  
00:35:52,940 --> 00:35:54,700  
帕金森患者都是驼背的，对吧  
  
882  
00:35:54,970 --> 00:35:57,210  
那进屋之后你看他非常明显啊  
  
883  
00:35:57,210 --> 00:35:57,970  
就这种感觉  
  
884  
00:35:59,810 --> 00:36:00,090  
呃  
  
885  
00:36:01,290 --> 00:36:03,330  
甘仲寒这个就有意思了  
  
886  
00:36:03,330 --> 00:36:05,170  
叫两臂不举，手抬不起来  
  
887  
00:36:05,890 --> 00:36:06,530  
舍本燥  
  
888  
00:36:07,090 --> 00:36:08,890  
其实这个我个人是这么看的  
  
889  
00:36:09,170 --> 00:36:10,370  
其实就是肝阳不生嘛  
  
890  
00:36:10,690 --> 00:36:14,130  
那么大家哎我我有学生自己都叨咕出来了，就这么回事  
  
891  
00:36:14,450 --> 00:36:17,930  
那你阳则主升，阴则主主主主主下降啊  
  
892  
00:36:18,220 --> 00:36:21,260  
那么阳气不能生，举啥叫两臂不举  
  
893  
00:36:21,260 --> 00:36:23,500  
有很多人非要把它跟经络联系起来  
  
894  
00:36:23,500 --> 00:36:24,700  
我觉得大可不必啊  
  
895  
00:36:25,050 --> 00:36:27,250  
那你要硬联系你咋都能联系上  
  
896  
00:36:27,250 --> 00:36:28,250  
我说实话啊  
  
897  
00:36:28,610 --> 00:36:30,610  
抓主要主要就是肝啊  
  
898  
00:36:30,650 --> 00:36:32,370  
他本身这个脏器非常特别  
  
899  
00:36:32,450 --> 00:36:35,300  
他为将军之官，阴体而阳用  
  
900  
00:36:35,340 --> 00:36:36,460  
什么叫阴体阳用啊  
  
901  
00:36:36,740 --> 00:36:37,980  
那么肝哪都能上来  
  
902  
00:36:37,980 --> 00:36:40,100  
是不是肝直接能走头像  
  
903  
00:36:40,380 --> 00:36:42,660  
咱们是不是说这个问题与督脉会于颠啊  
  
904  
00:36:43,150 --> 00:36:44,630  
这是肝肝经的特点啊  
  
905  
00:36:46,250 --> 00:36:47,170  
但是他是将军  
  
906  
00:36:47,650 --> 00:36:49,330  
将军，平时你不能再上交  
  
907  
00:36:50,050 --> 00:36:51,730  
你要再上交，你不篡权了吗  
  
908  
00:36:51,980 --> 00:36:54,140  
所以平时得给它下放到下焦  
  
909  
00:36:54,420 --> 00:36:56,500  
肝老是在下焦待着没错吧  
  
910  
00:36:56,820 --> 00:36:59,820  
就你老得在山海关以外驻扎  
  
911  
00:36:59,940 --> 00:37:02,140  
你不能没事就跑京城来啊  
  
912  
00:37:02,460 --> 00:37:03,380  
说这个道理啊  
  
913  
00:37:03,860 --> 00:37:05,300  
你没事来，你要干啥呀  
  
914  
00:37:05,340 --> 00:37:06,340  
就说这个事，儿啊  
  
915  
00:37:06,710 --> 00:37:10,750  
所以说这种状态之下，那么它叫阴体  
  
916  
00:37:10,870 --> 00:37:12,110  
因为它位置比较低嘛  
  
917  
00:37:12,550 --> 00:37:14,970  
但是动不动你，只要身体一动  
  
918  
00:37:14,970 --> 00:37:16,770  
你都得从肝气发发动出来  
  
919  
00:37:16,770 --> 00:37:19,330  
我们讲一开始讲了这个五脏之中  
  
920  
00:37:19,730 --> 00:37:21,810  
那么所谓肝气的地位  
  
921  
00:37:21,850 --> 00:37:24,370  
所谓风能生万物又能怎么的呀  
  
922  
00:37:25,170 --> 00:37:25,930  
害，万物啊  
  
923  
00:37:25,930 --> 00:37:27,210  
那么这是风的特点  
  
924  
00:37:27,620 --> 00:37:27,820  
呃  
  
925  
00:37:27,860 --> 00:37:28,980  
因此呢，我们说  
  
926  
00:37:30,100 --> 00:37:32,440  
本身这个  
  
927  
00:37:33,370 --> 00:37:36,050  
唯独三阴经只有一条  
  
928  
00:37:36,090 --> 00:37:39,250  
能直接打电顶的就是肝肝经啊  
  
929  
00:37:39,570 --> 00:37:43,280  
他有一个特权，可以配剑履上殿是吧  
  
930  
00:37:43,840 --> 00:37:44,040  
哎  
  
931  
00:37:44,160 --> 00:37:47,440  
面军的时候你可以挎着剑穿着鞋啊  
  
932  
00:37:47,440 --> 00:37:48,400  
这是他的特权  
  
933  
00:37:50,570 --> 00:37:52,090  
呃，因此就说这个事  
  
934  
00:37:52,090 --> 00:37:55,170  
儿两臂抬不起来，舌本燥  
  
935  
00:37:55,210 --> 00:37:56,970  
那舌本燥，也是阳气不生啊  
  
936  
00:37:57,010 --> 00:37:57,530  
善太息  
  
937  
00:37:57,770 --> 00:37:58,490  
肝气不舒  
  
938  
00:37:59,410 --> 00:37:59,970  
胸中痛  
  
939  
00:38:00,050 --> 00:38:01,410  
那么这个胸中痛呢  
  
940  
00:38:02,830 --> 00:38:05,030  
一会儿这个干浊呀，它也会出现  
  
941  
00:38:05,540 --> 00:38:07,780  
那么就是肝，为啥这么讲啊  
  
942  
00:38:08,100 --> 00:38:09,340  
那么肝经啊  
  
943  
00:38:09,380 --> 00:38:13,930  
本身其支者复从肝令冠膈上注肺  
  
944  
00:38:14,290 --> 00:38:15,890  
那本身它跟肺是通的  
  
945  
00:38:15,890 --> 00:38:18,330  
肺直部位，那就是在胸胁嘛  
  
946  
00:38:18,330 --> 00:38:18,770  
没错吧  
  
947  
00:38:19,090 --> 00:38:19,290  
哎  
  
948  
00:38:19,330 --> 00:38:20,970  
肺直部位，呃  
  
949  
00:38:22,840 --> 00:38:24,640  
那么肺气不能通畅了啊  
  
950  
00:38:27,380 --> 00:38:29,100  
不得转侧  
  
951  
00:38:30,060 --> 00:38:30,260  
嗯  
  
952  
00:38:30,660 --> 00:38:32,380  
这个是肝经的一个典型特征  
  
953  
00:38:35,500 --> 00:38:36,540  
为啥不得转侧  
  
954  
00:38:36,980 --> 00:38:38,180  
因为肝胆相照啊  
  
955  
00:38:40,060 --> 00:38:40,340  
呃  
  
956  
00:38:41,910 --> 00:38:44,110  
所谓足少阳胆经  
  
957  
00:38:44,670 --> 00:38:48,780  
足少阳胆经特点是动则病口苦善太息  
  
958  
00:38:49,140 --> 00:38:50,540  
心胁痛不能转侧  
  
959  
00:38:51,140 --> 00:38:53,140  
这是还是灵枢经脉的说法啊  
  
960  
00:38:54,170 --> 00:38:56,490  
那么大家发现伤寒论里头好多东西呢  
  
961  
00:38:56,490 --> 00:38:58,170  
所谓口口咽干目眩是吧  
  
962  
00:38:58,210 --> 00:38:59,370  
往来寒热，胸胁苦满  
  
963  
00:38:59,650 --> 00:39:01,410  
跟这个还是一脉相承的  
  
964  
00:39:01,410 --> 00:39:03,440  
跟内经拆不开  
  
965  
00:39:04,900 --> 00:39:06,780  
食则吐而汗出  
  
966  
00:39:07,500 --> 00:39:10,780  
讲这个问题就一吃饭就恶心就吐  
  
967  
00:39:10,780 --> 00:39:11,500  
而且还出汗  
  
968  
00:39:11,500 --> 00:39:12,460  
这个汗是虚汗  
  
969  
00:39:12,740 --> 00:39:14,580  
那么为什么我是这么看的啊  
  
970  
00:39:14,940 --> 00:39:15,700  
那么木啊  
  
971  
00:39:15,700 --> 00:39:17,060  
我们都说木能克土  
  
972  
00:39:17,450 --> 00:39:19,130  
但其实你也没考虑一个问题  
  
973  
00:39:19,490 --> 00:39:21,770  
木不但能克土，它还能干什么呢  
  
974  
00:39:22,130 --> 00:39:22,890  
能疏土  
  
975  
00:39:23,380 --> 00:39:25,580  
那么木如果不能属土的时候  
  
976  
00:39:27,220 --> 00:39:29,620  
那么就像这个平时啊  
  
977  
00:39:30,260 --> 00:39:33,060  
这个这个单位，你能管得了是不是啊  
  
978  
00:39:33,630 --> 00:39:34,430  
但有一天呢  
  
979  
00:39:34,430 --> 00:39:36,390  
可能突然间你一说话也不好使了  
  
980  
00:39:36,870 --> 00:39:40,040  
弄那个时候就实则吐冒虚汗  
  
981  
00:39:40,040 --> 00:39:42,000  
我就说这个道理，没事没错吧  
  
982  
00:39:42,480 --> 00:39:46,280  
由于木肝木一发动之后他输不了，土阳家阴未至汗  
  
983  
00:39:46,320 --> 00:39:48,260  
这时候准冒虚汗啊  
  
984  
00:39:48,300 --> 00:39:49,340  
肯定就这个特点  
  
985  
00:39:50,060 --> 00:39:53,060  
所以咱们把这个肝的中风和重寒  
  
986  
00:39:53,260 --> 00:39:54,540  
咱们把它都理清了  
  
987  
00:39:55,790 --> 00:39:56,550  
咱们这一堂啊  
  
988  
00:39:57,230 --> 00:39:57,430  
呃  
  
989  
00:39:58,350 --> 00:39:59,990  
还有还有两个重头戏  
  
990  
00:40:00,030 --> 00:40:01,830  
你看一个是干的这个死葬  
  
991  
00:40:03,020 --> 00:40:04,380  
肝的死葬是啥样呢  
  
992  
00:40:04,380 --> 00:40:07,070  
他说，浮质弱那么一搭的时候  
  
993  
00:40:07,070 --> 00:40:09,030  
这个我在临床上经常能摸到啊  
  
994  
00:40:09,430 --> 00:40:11,550  
就轻搭的时候是几乎摸不着啥  
  
995  
00:40:11,550 --> 00:40:13,990  
你得晨曲，晨曲之后啥样呢  
  
996  
00:40:14,870 --> 00:40:15,910  
如所不来  
  
997  
00:40:16,680 --> 00:40:18,720  
这感觉太形象了  
  
998  
00:40:18,720 --> 00:40:19,680  
锁就是绳子  
  
999  
00:40:20,250 --> 00:40:22,370  
就好像一个绳子不来说的是什么  
  
1000  
00:40:22,610 --> 00:40:24,570  
就是你在摸这种麦的时候  
  
1001  
00:40:24,570 --> 00:40:25,930  
我不知道那个我们诊室的同学  
  
1002  
00:40:25,930 --> 00:40:27,730  
现在有好多人能不能想起来啊  
  
1003  
00:40:28,070 --> 00:40:28,910  
这种这种脉  
  
1004  
00:40:29,270 --> 00:40:31,710  
那么很多大病重症都会出现这种脉  
  
1005  
00:40:31,710 --> 00:40:34,370  
就是你一摸他这条绳子好像不动  
  
1006  
00:40:34,650 --> 00:40:36,810  
就你甚至怀疑他的麦在没在跳  
  
1007  
00:40:37,130 --> 00:40:39,410  
我一说好多同学想起来了是不是有这种  
  
1008  
00:40:39,730 --> 00:40:43,500  
而且就像一根绳，很多大病和重症会出现这种问题  
  
1009  
00:40:43,500 --> 00:40:46,110  
这个叫肝死脏，呃  
  
1010  
00:40:46,190 --> 00:40:47,830  
但不代表人一定会死啊  
  
1011  
00:40:48,190 --> 00:40:49,310  
那么能救过来啊  
  
1012  
00:40:49,310 --> 00:40:51,310  
绝对是能救过来的呃  
  
1013  
00:40:53,290 --> 00:40:57,840  
那么这个货如或屈辱蛇形者死  
  
1014  
00:40:58,160 --> 00:40:59,640  
那么就是为啥叫屈如蛇形  
  
1015  
00:40:59,640 --> 00:41:02,200  
我之前给大家讲静病的时候是不是说过这个问题  
  
1016  
00:41:02,490 --> 00:41:02,890  
静病  
  
1017  
00:41:03,250 --> 00:41:05,530  
那么脐脉正常，是闲而直对吧  
  
1018  
00:41:05,770 --> 00:41:06,850  
但是你要硬发汗  
  
1019  
00:41:07,410 --> 00:41:10,560  
那么阳气被伤，就会出现其脉如蛇  
  
1020  
00:41:11,000 --> 00:41:12,440  
那么我我我我讲了  
  
1021  
00:41:12,440 --> 00:41:13,520  
我说为啥其脉如蛇  
  
1022  
00:41:13,520 --> 00:41:14,600  
原因很简单  
  
1023  
00:41:14,860 --> 00:41:15,820  
因为就像一根绳  
  
1024  
00:41:15,820 --> 00:41:17,420  
你拽它，你玩命的拽  
  
1025  
00:41:17,460 --> 00:41:20,180  
最后一使劲崩了，就是如蛇形  
  
1026  
00:41:20,180 --> 00:41:20,940  
是不是这个道理啊  
  
1027  
00:41:21,180 --> 00:41:23,220  
就是阳气过度的  
  
1028  
00:41:23,930 --> 00:41:26,370  
在它已经很刚直的时候，你再一发汗  
  
1029  
00:41:26,610 --> 00:41:28,530  
那么这个是不是木曰曲直啊  
  
1030  
00:41:28,530 --> 00:41:30,780  
我们讲肝脏是不是主曲直啊  
  
1031  
00:41:31,140 --> 00:41:32,740  
它是一个非常直的状态  
  
1032  
00:41:33,180 --> 00:41:36,030  
那么你再严重的时候，他最后绷不住了  
  
1033  
00:41:36,310 --> 00:41:37,310  
他自己绷不住了  
  
1034  
00:41:37,310 --> 00:41:38,310  
他就像蛇一样  
  
1035  
00:41:38,550 --> 00:41:40,030  
那么那个静病呢  
  
1036  
00:41:40,030 --> 00:41:41,550  
说的是所谓寒湿相得  
  
1037  
00:41:41,820 --> 00:41:43,140  
但是我们今天讲这个呢  
  
1038  
00:41:43,380 --> 00:41:45,340  
就是说那个叫干死脏  
  
1039  
00:41:45,420 --> 00:41:47,340  
他的脉形浮着摸不着  
  
1040  
00:41:47,460 --> 00:41:49,500  
沉着就如绳索之不来  
  
1041  
00:41:50,260 --> 00:41:50,540  
呃  
  
1042  
00:41:51,100 --> 00:41:52,980  
这个印象啊，我  
  
1043  
00:41:52,980 --> 00:41:55,460  
我好多那个临床疾病比较深  
  
1044  
00:41:55,980 --> 00:41:57,460  
比如说我有一位朋友呢  
  
1045  
00:41:57,580 --> 00:41:58,460  
他父亲啊  
  
1046  
00:41:59,260 --> 00:42:02,900  
这个得的那个呃，成人人斯蒂尔病啊  
  
1047  
00:42:02,940 --> 00:42:03,780  
那么那个时候呢  
  
1048  
00:42:03,780 --> 00:42:07,670  
曾经在一个长期的时间之内，就是这个麦形啊  
  
1049  
00:42:07,950 --> 00:42:08,990  
那么非常形象  
  
1050  
00:42:09,510 --> 00:42:09,710  
呃  
  
1051  
00:42:09,990 --> 00:42:11,430  
就像那个绳索一样  
  
1052  
00:42:11,430 --> 00:42:13,620  
它没有任何的动力  
  
1053  
00:42:13,620 --> 00:42:15,060  
那么在一开始的时候呢  
  
1054  
00:42:15,580 --> 00:42:15,780  
呃  
  
1055  
00:42:16,020 --> 00:42:17,500  
由于他那个病比较急  
  
1056  
00:42:17,660 --> 00:42:20,810  
当时这个好像是在医大吧  
  
1057  
00:42:20,810 --> 00:42:21,450  
我记得啊  
  
1058  
00:42:21,490 --> 00:42:24,930  
然后当时给确诊了之后说愈后不好啊  
  
1059  
00:42:24,970 --> 00:42:27,860  
而且一开始就是后来就没办法用  
  
1060  
00:42:28,020 --> 00:42:30,300  
就到咱们这来用的那个纯中药  
  
1061  
00:42:30,740 --> 00:42:30,940  
呃  
  
1062  
00:42:31,100 --> 00:42:34,660  
好像我记得第一周要下去之后，水下去多少斤  
  
1063  
00:42:34,660 --> 00:42:35,460  
20斤吧  
  
1064  
00:42:35,460 --> 00:42:37,710  
是不是好像20斤水啊  
  
1065  
00:42:37,710 --> 00:42:39,310  
就就就就就排下去了  
  
1066  
00:42:39,630 --> 00:42:42,310  
呃，但是后来曾经好长时间卖都是这个脉  
  
1067  
00:42:42,590 --> 00:42:43,270  
那么为啥  
  
1068  
00:42:43,270 --> 00:42:46,190  
其实就是肝脏的阳气已经衰弱了啊  
  
1069  
00:42:46,190 --> 00:42:47,190  
我们讲这个问题  
  
1070  
00:42:47,450 --> 00:42:49,170  
呃，肝脏阳气非常重要  
  
1071  
00:42:49,170 --> 00:42:50,890  
它跟五脏还都不太一样  
  
1072  
00:42:51,010 --> 00:42:52,190  
你们，呃  
  
1073  
00:42:52,350 --> 00:42:53,750  
不知道你们有没有印象啊  
  
1074  
00:42:53,830 --> 00:42:55,390  
那么我们说五脏之中  
  
1075  
00:42:55,510 --> 00:42:56,950  
其实你要推一个老大  
  
1076  
00:42:57,310 --> 00:42:58,470  
我个人认为，啊  
  
1077  
00:42:59,360 --> 00:43:01,120  
呃，其实这不能叫我个人认为  
  
1078  
00:43:01,650 --> 00:43:04,650  
那么我的师门，包括这个过去道门传承  
  
1079  
00:43:05,050 --> 00:43:07,490  
那么都认为肝经是最重要的  
  
1080  
00:43:07,490 --> 00:43:08,450  
它比心脏还重要  
  
1081  
00:43:08,770 --> 00:43:09,170  
为什么  
  
1082  
00:43:09,170 --> 00:43:10,170  
它是一个原始点  
  
1083  
00:43:10,690 --> 00:43:12,170  
这大家明白了，就是五脏啊  
  
1084  
00:43:12,170 --> 00:43:13,970  
五行，它是一个原始点  
  
1085  
00:43:14,250 --> 00:43:16,050  
就像我们说说一年一岁  
  
1086  
00:43:16,640 --> 00:43:19,200  
一岁是以啥为标准啊  
  
1087  
00:43:19,200 --> 00:43:21,960  
就是所谓一年的那个，为啥有12地支  
  
1088  
00:43:22,400 --> 00:43:26,790  
那么是由于木星的一个运动周期是12年  
  
1089  
00:43:27,430 --> 00:43:31,990  
那么才分成了子丑寅卯辰巳午未申酉戌亥这这12年  
  
1090  
00:43:32,350 --> 00:43:36,330  
那么假设有一颗星跟木星的轨道完全相反  
  
1091  
00:43:36,810 --> 00:43:37,930  
但这是假设出来的  
  
1092  
00:43:37,930 --> 00:43:40,410  
我们给它起名叫太岁，没错吧  
  
1093  
00:43:40,810 --> 00:43:41,010  
哎  
  
1094  
00:43:41,010 --> 00:43:42,810  
那么这个是太岁的原始本意  
  
1095  
00:43:43,010 --> 00:43:44,690  
但是在天有象，在地有形  
  
1096  
00:43:44,770 --> 00:43:46,770  
那么地上也有太岁有的时候一整  
  
1097  
00:43:46,770 --> 00:43:48,890  
那个工地里的时候就挖出来了  
  
1098  
00:43:48,890 --> 00:43:49,290  
知道吧  
  
1099  
00:43:49,570 --> 00:43:51,610  
这东西它它它据，据说很神奇  
  
1100  
00:43:51,900 --> 00:43:56,680  
那么这个木星它是所有生气的本使  
  
1101  
00:43:57,120 --> 00:43:59,760  
那么咱们前几天的事好像是前天吧  
  
1102  
00:44:00,040 --> 00:44:01,840  
说日本上空有一个彗星  
  
1103  
00:44:02,450 --> 00:44:02,970  
是不是啊  
  
1104  
00:44:03,530 --> 00:44:03,730  
唉  
  
1105  
00:44:03,890 --> 00:44:04,450  
其实啊  
  
1106  
00:44:04,770 --> 00:44:07,130  
真正大的彗星如果要往地球来  
  
1107  
00:44:08,090 --> 00:44:10,010  
一般他都会被木星干掉  
  
1108  
00:44:11,030 --> 00:44:11,510  
为什么  
  
1109  
00:44:11,750 --> 00:44:15,690  
因为木星的那个那个体积太大了  
  
1110  
00:44:15,690 --> 00:44:16,210  
引力太大  
  
1111  
00:44:16,210 --> 00:44:16,530  
会吧  
  
1112  
00:44:16,530 --> 00:44:18,450  
一般他是地球的一个保护神  
  
1113  
00:44:18,970 --> 00:44:20,210  
他在保护着我们地球  
  
1114  
00:44:20,730 --> 00:44:23,190  
所以木星主生是不是这个道理啊  
  
1115  
00:44:23,190 --> 00:44:24,270  
我们说木主生发  
  
1116  
00:44:24,470 --> 00:44:28,790  
而且你用天望远镜看木星上的那个斑斓的，非常漂亮的纹理  
  
1117  
00:44:29,110 --> 00:44:30,310  
就像木头一样啊  
  
1118  
00:44:30,630 --> 00:44:33,310  
就跟木头那个纹理啊，这这很很有意思  
  
1119  
00:44:34,030 --> 00:44:36,190  
呃，这个我们不过多赘述啊  
  
1120  
00:44:36,190 --> 00:44:37,430  
给大家讲一下这个事  
  
1121  
00:44:38,550 --> 00:44:39,470  
呃，甘卓  
  
1122  
00:44:41,320 --> 00:44:42,800  
甘卓这个我要多说  
  
1123  
00:44:42,800 --> 00:44:45,160  
说了这个恐怕一分两分说不清啊  
  
1124  
00:44:45,160 --> 00:44:46,000  
我得讲半天  
  
1125  
00:44:47,120 --> 00:44:47,400  
呃  
  
1126  
00:44:48,690 --> 00:44:50,370  
那么这块就说到这个问题  
  
1127  
00:44:51,130 --> 00:44:52,210  
那么我们说肝啊  
  
1128  
00:44:52,410 --> 00:44:53,650  
主藏血是不是  
  
1129  
00:44:54,470 --> 00:44:55,350  
哎，肝主藏血  
  
1130  
00:44:55,710 --> 00:44:57,870  
因此肝浊呀，就是肝的什么啊  
  
1131  
00:44:58,110 --> 00:44:58,550  
积聚  
  
1132  
00:44:59,070 --> 00:44:59,950  
咱们是不是这样啊  
  
1133  
00:45:00,350 --> 00:45:04,310  
我就四个字，把甘卓的核心给大家先说清楚  
  
1134  
00:45:04,630 --> 00:45:06,390  
那么甘卓是哪四个字  
  
1135  
00:45:07,130 --> 00:45:10,130  
无非血滞于肝  
  
1136  
00:45:13,460 --> 00:45:14,300  
四个字啊  
  
1137  
00:45:15,340 --> 00:45:15,860  
甘卓  
  
1138  
00:45:17,560 --> 00:45:21,320  
他的病机血滞就是哪个痣啊  
  
1139  
00:45:21,760 --> 00:45:26,410  
滞留的滞与肝完事啊  
  
1140  
00:45:27,330 --> 00:45:28,090  
重中之重  
  
1141  
00:45:30,090 --> 00:45:30,930  
你就记住  
  
1142  
00:45:32,230 --> 00:45:33,750  
血液在肝脏滞住了  
  
1143  
00:45:33,750 --> 00:45:35,750  
那为啥血液能在肝脏制住  
  
1144  
00:45:36,070 --> 00:45:36,950  
原因很简单  
  
1145  
00:45:36,990 --> 00:45:38,630  
因为肝主藏血是吧  
  
1146  
00:45:39,170 --> 00:45:43,530  
所以其实还是干自己的气机停顿了  
  
1147  
00:45:43,530 --> 00:45:46,410  
停顿了之后就造成什么血液就停在这了  
  
1148  
00:45:46,650 --> 00:45:47,130  
当然  
  
1149  
00:45:48,260 --> 00:45:51,300  
造成肝脏血液停顿的原因很多  
  
1150  
00:45:51,940 --> 00:45:55,350  
当然最典型的原因就是肝炎啊  
  
1151  
00:45:55,430 --> 00:45:58,030  
你无论甲乙丙咱们说哪种肝炎  
  
1152  
00:45:58,070 --> 00:46:00,750  
它都会导致肝的藏血  
  
1153  
00:46:00,750 --> 00:46:02,990  
那么藏完之后它就不能疏泄是不是啊  
  
1154  
00:46:03,270 --> 00:46:04,270  
那他有炎症了，他  
  
1155  
00:46:04,270 --> 00:46:06,830  
当然他这个血就就就就会出现滞留啊  
  
1156  
00:46:07,150 --> 00:46:09,040  
因此说，从这个角度  
  
1157  
00:46:09,120 --> 00:46:12,000  
那么肝脏的这个血液的停滞  
  
1158  
00:46:12,540 --> 00:46:13,900  
咱们讲啊，就说  
  
1159  
00:46:15,200 --> 00:46:17,160  
呃，是干浊的核心病机  
  
1160  
00:46:17,600 --> 00:46:18,840  
那么这个一说完呢  
  
1161  
00:46:18,880 --> 00:46:20,840  
实际上也就给大家理清了  
  
1162  
00:46:21,080 --> 00:46:22,760  
那么干灼的症状是啥样啊  
  
1163  
00:46:22,760 --> 00:46:23,920  
我们看一下条纹  
  
1164  
00:46:26,080 --> 00:46:28,280  
嗯，这个条文是这么说的  
  
1165  
00:46:30,080 --> 00:46:32,810  
最经典的一句话，其人啥呀  
  
1166  
00:46:33,610 --> 00:46:35,210  
常欲倒其凶上  
  
1167  
00:46:35,900 --> 00:46:36,980  
那么啥叫导气性上  
  
1168  
00:46:36,980 --> 00:46:39,060  
从字面上解释就就很恐怖了啊  
  
1169  
00:46:39,380 --> 00:46:40,260  
就说这个人啊  
  
1170  
00:46:40,540 --> 00:46:44,510  
经常希望有个人过来在他胸口踩两脚  
  
1171  
00:46:45,350 --> 00:46:47,470  
甚至站点上明白啥意思了  
  
1172  
00:46:47,470 --> 00:46:48,750  
没有，因为啥  
  
1173  
00:46:48,750 --> 00:46:50,550  
因为胸闷明白了吧  
  
1174  
00:46:50,830 --> 00:46:52,670  
因为这憋得慌啊  
  
1175  
00:46:52,670 --> 00:46:54,030  
就希望有人上去踩两脚  
  
1176  
00:46:54,550 --> 00:46:57,990  
呃，那么这个我采访过很多肝炎的患者啊  
  
1177  
00:46:59,150 --> 00:47:02,550  
真有这种情况，真是恨不得谁上去锤吧  
  
1178  
00:47:02,550 --> 00:47:03,950  
两下子明明白啥意思了吧  
  
1179  
00:47:04,350 --> 00:47:04,550  
哎  
  
1180  
00:47:04,670 --> 00:47:08,470  
那么那么所谓守约武卒曰蹈岛  
  
1181  
00:47:08,470 --> 00:47:10,630  
就是就是踩的意思对不对啊  
  
1182  
00:47:10,860 --> 00:47:11,820  
因为脚有劲儿啊  
  
1183  
00:47:11,820 --> 00:47:15,420  
就是恨不得你你你上来给给给我踩两脚，帮我锤吧锤吧  
  
1184  
00:47:15,420 --> 00:47:16,180  
是不是这道理啊  
  
1185  
00:47:16,460 --> 00:47:17,340  
就能好一点  
  
1186  
00:47:17,940 --> 00:47:18,220  
呃  
  
1187  
00:47:19,700 --> 00:47:22,100  
鲜味苦食淡欲饮热悬浮二汤  
  
1188  
00:47:22,100 --> 00:47:24,500  
主治说一开始没得病的时候  
  
1189  
00:47:24,500 --> 00:47:26,180  
没严重的时候就想喝热水  
  
1190  
00:47:26,970 --> 00:47:28,210  
那为啥想喝热水啊  
  
1191  
00:47:28,410 --> 00:47:28,850  
是不是  
  
1192  
00:47:28,930 --> 00:47:31,530  
那不是因为胸阳B组因为有郁症吗  
  
1193  
00:47:31,530 --> 00:47:31,850  
对吧  
  
1194  
00:47:32,050 --> 00:47:33,850  
那想喝点热的化一化是吧  
  
1195  
00:47:34,250 --> 00:47:34,450  
哎  
  
1196  
00:47:34,450 --> 00:47:37,220  
就像咱们说欢獾那个冻梨似的啊  
  
1197  
00:47:37,340 --> 00:47:38,740  
就想把它欢开啊  
  
1198  
00:47:38,740 --> 00:47:40,460  
就说这个道理，呃  
  
1199  
00:47:40,500 --> 00:47:41,900  
但是大家注意一个事啊  
  
1200  
00:47:42,330 --> 00:47:44,530  
呃，在这我就是说个题外话  
  
1201  
00:47:45,270 --> 00:47:46,710  
呃，这个题外话呢  
  
1202  
00:47:47,190 --> 00:47:48,670  
有关有关啥呢  
  
1203  
00:47:49,310 --> 00:47:51,550  
有关这个桂林古本伤寒论啊  
  
1204  
00:47:51,550 --> 00:47:53,190  
在这我就简短的说一下  
  
1205  
00:47:53,740 --> 00:47:56,340  
桂林古本伤寒论也有一个版本  
  
1206  
00:47:57,360 --> 00:47:59,040  
就是那个那个甘灼汤  
  
1207  
00:47:59,120 --> 00:48:00,160  
但是大家注意一个事  
  
1208  
00:48:00,160 --> 00:48:02,720  
龟苓宫本伤寒论没有五脏风寒积聚这一篇  
  
1209  
00:48:03,310 --> 00:48:05,750  
他是把所有这个东西都散了  
  
1210  
00:48:06,150 --> 00:48:06,910  
散了之后呢  
  
1211  
00:48:07,550 --> 00:48:09,670  
其中这个甘蔗汤你猜跑哪去了  
  
1212  
00:48:10,350 --> 00:48:12,890  
跑胸壁那个片里了啊  
  
1213  
00:48:13,450 --> 00:48:15,970  
在那个九痛丸那个上头啊  
  
1214  
00:48:15,970 --> 00:48:16,690  
你回去一翻  
  
1215  
00:48:16,730 --> 00:48:19,250  
你就你就能看见那块，他是这么写的  
  
1216  
00:48:19,690 --> 00:48:20,890  
叫不叫肝灼  
  
1217  
00:48:21,590 --> 00:48:24,970  
叫胸壁奇人，常遇到其凶上  
  
1218  
00:48:25,290 --> 00:48:27,370  
那么至于为什么这个原因啊  
  
1219  
00:48:27,370 --> 00:48:30,610  
那么我其实跟大家也讲过关于桂林固本杀寒论的源流  
  
1220  
00:48:31,100 --> 00:48:32,620  
这个一句话两句话说不清  
  
1221  
00:48:32,700 --> 00:48:33,860  
但有很多东西呢  
  
1222  
00:48:33,860 --> 00:48:37,390  
我在中间还真有一点儿认识  
  
1223  
00:48:37,430 --> 00:48:40,230  
甚至有一些中间一些事儿的见证啊  
  
1224  
00:48:40,270 --> 00:48:41,630  
可能呃  
  
1225  
00:48:42,160 --> 00:48:44,320  
甚至呃，我就不能说太多了啊  
  
1226  
00:48:44,800 --> 00:48:47,760  
这个书的一些成熟和一些细节我都知道啊  
  
1227  
00:48:47,760 --> 00:48:50,200  
好多事，但不便跟大家讲太多  
  
1228  
00:48:50,200 --> 00:48:52,200  
因为涉及到人别人家的事啊  
  
1229  
00:48:52,200 --> 00:48:53,480  
而且人家不愿意往外讲  
  
1230  
00:48:54,690 --> 00:48:56,930  
那么这个书肯定是伪作啊  
  
1231  
00:48:57,250 --> 00:48:58,290  
这个没有任何疑问  
  
1232  
00:48:58,570 --> 00:49:00,290  
但是我还是我那个观点  
  
1233  
00:49:00,530 --> 00:49:02,870  
伪作不代表是不好的书是吧  
  
1234  
00:49:03,150 --> 00:49:05,590  
那就像说真做也不代表是好书  
  
1235  
00:49:06,070 --> 00:49:07,590  
52病方就在那放着呢  
  
1236  
00:49:07,590 --> 00:49:08,310  
你们谁用了  
  
1237  
00:49:08,310 --> 00:49:09,110  
我说实话呀  
  
1238  
00:49:09,610 --> 00:49:10,770  
那么可能是很好  
  
1239  
00:49:10,770 --> 00:49:12,490  
但是我们谁也不用说是是吧  
  
1240  
00:49:12,910 --> 00:49:16,030  
但是那拖尾的东西，他的苦心啊  
  
1241  
00:49:16,350 --> 00:49:18,350  
是由于仲景先师那个年代限制  
  
1242  
00:49:18,350 --> 00:49:19,390  
很多东西他也看不见  
  
1243  
00:49:19,390 --> 00:49:21,940  
他也他也他也有很多，确实有缺憾  
  
1244  
00:49:22,340 --> 00:49:24,970  
那么哎呀，这个人太爱这个东西了  
  
1245  
00:49:25,170 --> 00:49:26,130  
但说一个问题啊  
  
1246  
00:49:26,170 --> 00:49:27,330  
这本书的传承  
  
1247  
00:49:27,770 --> 00:49:31,520  
那肯定是仲景南阳一脉嫡传啊  
  
1248  
00:49:31,520 --> 00:49:32,800  
那肯，这肯定没错啊  
  
1249  
00:49:33,240 --> 00:49:37,550  
但是呢，这本书有一一个另外一个非常有意思的事  
  
1250  
00:49:37,550 --> 00:49:38,790  
儿就是他呀  
  
1251  
00:49:39,550 --> 00:49:43,190  
在这一家里头经几代人之手，这东西就坏了  
  
1252  
00:49:43,550 --> 00:49:45,710  
我们讲叫大成若缺其用不弊啊  
  
1253  
00:49:45,750 --> 00:49:47,150  
很多事也都是注定的  
  
1254  
00:49:47,470 --> 00:49:50,190  
那么这一代的他们家的老祖啊  
  
1255  
00:49:50,530 --> 00:49:52,290  
那么可以说通微显化  
  
1256  
00:49:53,070 --> 00:49:54,550  
哎，方剂无二啊  
  
1257  
00:49:54,550 --> 00:49:55,710  
那那那那很厉害  
  
1258  
00:49:55,990 --> 00:49:57,590  
但是到后辈的时候呢  
  
1259  
00:49:57,590 --> 00:49:59,270  
我估计也就是两代三代吧  
  
1260  
00:49:59,750 --> 00:50:01,550  
开始就你不能叫不学无术  
  
1261  
00:50:01,940 --> 00:50:04,700  
他依然有一个非常热爱中医的心啊  
  
1262  
00:50:04,700 --> 00:50:06,630  
但是他肯定是这个  
  
1263  
00:50:06,710 --> 00:50:08,390  
这个这个不管说什么原因吧  
  
1264  
00:50:08,390 --> 00:50:10,670  
他肯定是学的学艺不精啊  
  
1265  
00:50:10,870 --> 00:50:14,600  
而且这个人一定是轻我我我我我  
  
1266  
00:50:14,600 --> 00:50:15,680  
可以这样肯定的说  
  
1267  
00:50:15,680 --> 00:50:16,600  
就清中期  
  
1268  
00:50:17,920 --> 00:50:19,960  
甚至是中晚期这么一个人  
  
1269  
00:50:20,720 --> 00:50:21,000  
呃  
  
1270  
00:50:22,090 --> 00:50:24,650  
看见当时大量的人重定错，简  
  
1271  
00:50:25,650 --> 00:50:27,450  
挑出了伤寒论版本那么多毛病  
  
1272  
00:50:27,850 --> 00:50:30,330  
他怕他家这个版本被人揪出错  
  
1273  
00:50:30,950 --> 00:50:31,710  
哎呀，说不行  
  
1274  
00:50:31,710 --> 00:50:32,990  
我我改一下吧  
  
1275  
00:50:33,270 --> 00:50:35,150  
于是乎有很多东西你看极高  
  
1276  
00:50:35,150 --> 00:50:37,030  
但有很多改的东西极低  
  
1277  
00:50:37,510 --> 00:50:40,290  
这种极高和极低同时存在  
  
1278  
00:50:40,290 --> 00:50:42,170  
有没有可能我打一个比方  
  
1279  
00:50:42,290 --> 00:50:43,530  
世界之大，无奇不有  
  
1280  
00:50:44,130 --> 00:50:46,730  
就像但这个改了之后就很难受了啊  
  
1281  
00:50:47,010 --> 00:50:48,810  
你比如就这个地方干着  
  
1282  
00:50:48,810 --> 00:50:50,490  
改成胸壁就非常难受了  
  
1283  
00:50:50,730 --> 00:50:52,850  
就是有点类似于什么感觉呢  
  
1284  
00:50:53,710 --> 00:50:55,710  
就像你给维纳斯安了个胳膊  
  
1285  
00:50:57,550 --> 00:50:59,130  
心是好心事  
  
1286  
00:50:59,130 --> 00:51:00,410  
儿办砸了，明白了吧  
  
1287  
00:51:00,890 --> 00:51:03,310  
哎，你给维纳斯香一胳膊啊  
  
1288  
00:51:03,590 --> 00:51:06,830  
心是好心事就就办砸了事，儿不能这么办啊  
  
1289  
00:51:07,230 --> 00:51:09,550  
你就让它断着，其实挺好啊  
  
1290  
00:51:09,830 --> 00:51:11,910  
它正好是一个很自然很残缺的  
  
1291  
00:51:11,910 --> 00:51:13,830  
这个很沧桑的这种美是不是  
  
1292  
00:51:14,190 --> 00:51:14,470  
哎  
  
1293  
00:51:15,120 --> 00:51:16,640  
那么呃  
  
1294  
00:51:17,400 --> 00:51:20,240  
咱们说这个问题，那么但是你把它放胸壁吧  
  
1295  
00:51:20,240 --> 00:51:20,920  
这也不算错  
  
1296  
00:51:21,000 --> 00:51:22,400  
为什么我说不算错呢  
  
1297  
00:51:23,360 --> 00:51:26,810  
但是手眼要低于原本的进攻要略啊  
  
1298  
00:51:27,050 --> 00:51:28,330  
为啥算胸壁不算错  
  
1299  
00:51:28,850 --> 00:51:30,970  
因为我刚才讲没讲叫甘脉  
  
1300  
00:51:31,090 --> 00:51:32,930  
其支者复冠  
  
1301  
00:51:33,650 --> 00:51:33,930  
呃  
  
1302  
00:51:34,320 --> 00:51:36,680  
这个这个这个别呃  
  
1303  
00:51:36,920 --> 00:51:38,920  
别上上注肺是不是啊  
  
1304  
00:51:39,040 --> 00:51:40,280  
别灌阁上注肺啊  
  
1305  
00:51:40,520 --> 00:51:41,120  
其职者  
  
1306  
00:51:42,480 --> 00:51:44,200  
那么说明它能通这个胸  
  
1307  
00:51:44,320 --> 00:51:46,970  
我们说心肺就是胸壁的病位  
  
1308  
00:51:46,970 --> 00:51:48,810  
是不是心那个胸壁的病机  
  
1309  
00:51:48,810 --> 00:51:51,490  
咱们之前讲过，无非是阴邪干于阳位吧  
  
1310  
00:51:52,070 --> 00:51:54,070  
但是我们说这么一个问题啊  
  
1311  
00:51:54,070 --> 00:51:54,910  
阴邪干于阳位  
  
1312  
00:51:55,310 --> 00:52:01,080  
但是这个我们我说一句话吧  
  
1313  
00:52:01,320 --> 00:52:03,560  
那么之前我还真是这个这个啥啊  
  
1314  
00:52:03,680 --> 00:52:05,560  
对这个事我还很很重视  
  
1315  
00:52:06,040 --> 00:52:06,840  
就说一句话  
  
1316  
00:52:07,720 --> 00:52:09,520  
有很多时候病见于下  
  
1317  
00:52:09,560 --> 00:52:10,520  
但是正见于上  
  
1318  
00:52:11,400 --> 00:52:13,400  
就像病因在下焦  
  
1319  
00:52:14,280 --> 00:52:15,440  
但是并未在上调  
  
1320  
00:52:15,440 --> 00:52:16,440  
这个大家能明白吧  
  
1321  
00:52:16,720 --> 00:52:19,040  
我有时候临床上我经常有患者一来，哎  
  
1322  
00:52:19,520 --> 00:52:20,000  
往这一坐  
  
1323  
00:52:20,000 --> 00:52:20,520  
我一大麦  
  
1324  
00:52:20,520 --> 00:52:20,720  
哎  
  
1325  
00:52:20,720 --> 00:52:21,760  
我说你的病位啊  
  
1326  
00:52:22,040 --> 00:52:23,000  
在上下二交  
  
1327  
00:52:23,320 --> 00:52:24,840  
但是病机在中焦  
  
1328  
00:52:26,220 --> 00:52:29,770  
或者叫病因在中教我一说，好多患者就懵了  
  
1329  
00:52:30,010 --> 00:52:31,170  
说，那还能不在一块  
  
1330  
00:52:31,170 --> 00:52:31,490  
能啊  
  
1331  
00:52:31,970 --> 00:52:32,410  
太能了  
  
1332  
00:52:32,410 --> 00:52:33,410  
你比如说这个问题  
  
1333  
00:52:33,890 --> 00:52:34,090  
哎  
  
1334  
00:52:34,090 --> 00:52:35,450  
那么就像你看着这个冰山  
  
1335  
00:52:36,040 --> 00:52:37,480  
我说了这个冰山的成因  
  
1336  
00:52:37,480 --> 00:52:39,330  
在海底下100来米呢  
  
1337  
00:52:39,490 --> 00:52:40,450  
明白这个道理了吧  
  
1338  
00:52:40,850 --> 00:52:42,450  
那么顶上这块就是个尖儿  
  
1339  
00:52:42,530 --> 00:52:43,650  
这大家明白了吧  
  
1340  
00:52:43,850 --> 00:52:44,610  
那么一个道理  
  
1341  
00:52:44,770 --> 00:52:48,660  
那么胸这块我就那你说胸为阴邪所闭  
  
1342  
00:52:48,980 --> 00:52:49,780  
那么也算呢  
  
1343  
00:52:50,180 --> 00:52:53,640  
但是胸壁只能是裹干浊才是因  
  
1344  
00:52:53,720 --> 00:52:54,480  
大家明白了吧  
  
1345  
00:52:55,160 --> 00:52:56,920  
肝是因，肺是果  
  
1346  
00:52:57,760 --> 00:53:01,440  
因此说原文的首演要高于后人修复的  
  
1347  
00:53:01,600 --> 00:53:02,960  
仿造的这个首演啊  
  
1348  
00:53:03,250 --> 00:53:04,890  
这块是是是那啥  
  
1349  
00:53:04,970 --> 00:53:07,330  
但是我不否认桂林古本伤寒论这部书  
  
1350  
00:53:07,330 --> 00:53:09,130  
因为它里头方子非常好用  
  
1351  
00:53:09,410 --> 00:53:12,680  
我在临床上经常用甚至治大病，治癌症啊  
  
1352  
00:53:12,680 --> 00:53:14,040  
很多时候效果都特别好啊  
  
1353  
00:53:14,120 --> 00:53:17,120  
这真的呃，有有有议案啊  
  
1354  
00:53:17,120 --> 00:53:17,640  
有医案  
  
1355  
00:53:18,520 --> 00:53:22,240  
那么这个呃，在这就就不多说了  
  
1356  
00:53:22,860 --> 00:53:24,500  
关于它阴体阳用  
  
1357  
00:53:24,980 --> 00:53:28,180  
那么因此说血滞于肝，咱们该怎么办呢  
  
1358  
00:53:28,340 --> 00:53:28,540  
啊  
  
1359  
00:53:28,580 --> 00:53:31,220  
怎么解决这个血脂于肝的问题啊  
  
1360  
00:53:31,840 --> 00:53:34,560  
那么我们下节课再接着说好下课吧